



**CBHC**

Colorado Behavioral  
Healthcare Council

**2023 Behavioral Health Training Conference**

**Exploring New Horizons**

**September 27 - 30, 2023**



**September 28 - 30, 2023**

**Pre-Conferences | Wednesday, September 27, 2023**

Beaver Run Resort & Conference Center  
Breckenridge, Colorado



# CBHC

Colorado Behavioral  
Healthcare Council

Greetings,

Welcome to the Colorado Behavioral Healthcare Council (CBHC) 2023 Annual Conference. We are excited to be together once again in beautiful Breckenridge. Our theme this year, “Exploring New Horizons,” speaks to the innovative and exciting transformations that our field is facing. On a personal level, it also speaks to the amazing opportunity I have to embrace my new role as CEO with CBHC.

The critical need for behavioral health services gained heightened attention through the pandemic, and opportunities arose for expanding traditional services through finding unique, creative ways to provide care for a broader population. New partnerships were formed, and old partnerships have been expanded to weave a comprehensive safety net.

We celebrate the creative ways you all have found to address the emerging needs of the populations who you serve. You have provided services in traditional ways in the office, delivered virtual services, and provided care in schools, jails, hospitals, courtrooms, and private homes. You have staffed co-responder programs and educated the public on identifying mental health needs for how individuals might find assistance to those who need it, working with the very young to the elderly. You always find ways to meet people where they are, and do so with passion, respect, expertise, and above all else humility. You are all exceptional.

We are pleased to announce our Thursday morning speaker, Daniel Dawes, JD, who will speak to the disparities in social determinants of health and how to break down these silos to create more healthy and equitable systems of care. Our Friday morning keynote speaker is Erin Stafford, MA. She will address ways to fight burnout through proven and practical steps that will help us to continue to thrive at work, at home, and in our relationships.

Throughout the conference you will have the opportunity to take part in breakout sessions that demonstrate visionary approaches to treatment. You will be provided opportunities for learning and connecting with others to explore ways to move forward together. We hope you enjoy your time here and find inspiration when it comes to supporting those that you provide services for, those that you work with, and yourself.

*You cannot swim for new horizons until you have courage to lose sight of the shore. —William Faulkner*

**Kara L. Johnson-Hufford, MPA**

CEO, CBHC

**Kelly Phillips-Henry, PsyD, MBA**

Conference Chair | CEO Aurora Mental Health & Recovery



# Keynote Speakers



**Thursday | 8:45am - 10:30am** (*Breckenridge Ballroom*)

Leveraging the New Determinants of Health  
to Improve Patient Outcomes

*Daniel E. Dawes, JD*

Sponsored by



**Friday | 8:45am - 10:30am** (*Breckenridge Ballroom*)

Escape the Burnout Trap: Three Steps to Beat  
Burnout and Sustain Peak Performance

*Erin Stafford, MA*

## CBHC Awards Presentations

**Mental Health First Aid Awards**

*Sponsored by the AFSP CO Chapter*

**Thursday Morning |** (*Breckenridge Ballroom*)



**Golden Abacus & Golden Lightbulb Awards**

*Sponsored by Videra Health*

**Friday Morning |** (*Breckenridge Ballroom*)



**Board Member Awards & Events |** (*Imperial Ballroom*)

**Board Meeting & Awards Ceremony |** Friday 12:00pm - 1:30pm

**Board Special Session |** Friday 1:30pm - 3:30pm

**Board Networking Reception |** Friday 3:30pm - 4:30pm

## Networking Reception

**Thursday | 5:15pm - 6:30pm |** (*Colorado Ballroom*)

*Gather for our Networking Reception with light hors d'oeuvres*

*Sponsored by*





**CBHC**

Colorado Behavioral  
Healthcare Council

Annual Behavioral Health  
Training Conference

# Exploring New Horizons

September 27 - 30, 2023

Pre-Conference Workshops | Wednesday, September 27, 2023

**#1 Pre-Con: \$150 | Using Solution-Focused Brief Practice for Lasting Change**

*Teri Pichot, LCSW, LAC, MAC*

(Wednesday | 8:00am - 4:30pm | Includes training, breakfast, lunch, and coffee breaks)

**#2 Pre-Con: \$100 | Equity in Practice: The What, Why, and How**

*Christina S. James, JD, MSW & Dante J. James, Esq.*

(Wednesday | 8:00am - 4:30pm | Includes training, breakfast, lunch, and coffee breaks)

## CBHC Conference Registration Fees

**Full Conference | \$500 per person**

**Thursday/Friday/Saturday |** (Thursday 8:00am - Saturday 11:00am)

(Includes Thursday networking reception, all conference sessions, breakfasts, lunches, and coffee breaks)

**#1 Pre-Con: Workshop + Full Conference | \$650 per person**

**Wednesday/Thursday/Friday/Saturday |** (Wednesday 8:00am - Saturday 11:00am)

(Includes all conference sessions, networking reception, breakfasts, lunches, and coffee breaks)

**#2 Pre-Con: Workshop + Full Conference | \$600 per person**

**Wednesday/Thursday/Friday/Saturday |** (Wednesday 8:00am - Saturday 11:00am)

(Includes all conference sessions, networking reception, breakfasts, lunches, and coffee breaks)

## Up to 15 CEU Credits from NASW & NAADAC!

Hotel room block  
open now:

[Reserve your room](#)

Visit our website  
to learn more about CBHC:

[cbhc.org](http://cbhc.org)

Register Now!  
Click the link below:

[CBHC 2023](#)

### CBHC Conference Cancellation/Refund Policy

Conference registration fees will be refunded upon written notice of cancellation if received no later than August 1, 2023.

**Questions:** Contact Tracy O'Shaughnessy

[Tracyhmsr@gmail.com](mailto:Tracyhmsr@gmail.com) or call 303-525-2811

## CBHC Members

*Thank you to our member organizations!*

### Community Mental Health Centers

AllHealth Network  
Aurora Mental Health and Recovery  
Axis Health System  
Centennial Mental Health Center  
Community Reach Center  
Diversus Health  
Health Solutions  
Jefferson Center for Mental Health  
Mental Health Partners  
Mind Springs Health  
North Range Behavioral Health  
San Luis Valley Behavioral Health Group  
Solvista Health  
SummitStone Health Partners  
Valley-Wide Health Systems  
WellPower

### Specialty Clinic

Servicios de La Raza



@CBHC\_News | #CBHC23Conf



### Continuing Education Credits

CBHC provides pre-approved Certificates of Attendance for attendees to submit to NAADAC & NASW for their continuing education credits.



## 2023 CBHC Conference

*Planning Committee*

### Kelly Phillips-Henry, PsyD, MBA Conference Chair

Chief Executive Officer  
Aurora Mental Health & Recovery  
Aurora, CO

### Kara L. Johnson-Hufford, MPA

Chief Executive Officer  
CBHC, Denver, CO

### Doyle Forrestal

Previous CBHC CEO  
Estero, FL

### Barbara Becker, PhD

Conference Committee Consultant  
Denver, CO

### Natalie Strom

Chief Administrative Officer  
CBHC, Denver, CO

### Megan Coatley, MA, BCBA

Chief Culture Officer  
Senior Executive Team  
North Range Behavioral Health  
Greeley, CO

### Allyson Drayton, NCC, LPC

Equity, Diversity & Inclusion Program  
Coordinator, Trainer  
Colorado Department of  
Human Services  
Denver, CO

### Brian Jensen, MBA, BSW

Staff Development Manager  
Health Solutions  
Pueblo, CO

### Paul Reich

Marketing & Public Relations Manager  
Axis Health System  
Telluride, CO

### Danielle Smith, MBA

Director of Healthcare Innovation &  
Strategy  
Valley-Wide Health Systems  
La Junta, CO

### Eric Smith

Manager of Training &  
Staff Development  
WellPower  
Denver, CO



## **Introducing CBHC's New CEO, Kara L. Johnson-Hufford, MPA**

The Colorado Behavioral Healthcare Council is pleased to introduce Kara Johnson-Hufford as our new Chief Executive Officer. Kara joined CBHC in June of this year. Kara's deep understanding of Colorado's healthcare landscape, her background in behavioral health, and her leadership expertise have proven to be the ideal combination of skills to provide leadership to our members and the communities they serve through the ongoing transformation of Colorado's behavioral healthcare system.

Kara is deeply invested in people and has had the opportunity to influence behavioral healthcare policies and processes from a state level. She is passionate about all Coloradan's healthcare, sharing: "Colorado's behavioral healthcare system is at a critical juncture as we implement the reforms that have been enacted over the last few years. CBHC is uniquely positioned to inform the next generation of behavioral healthcare design. And I believe strongly that working collectively with other stakeholders – patient advocates, other providers, community partners and policymakers – we can do more to benefit Colorado's citizens than any one group could achieve separately."

As we continue to explore new horizons in the field of behavioral health, please join us in extending a warm welcome to Kara. We are excited about her vision and leadership to create resilient communities and mental wellbeing for all Coloradans. If you haven't already, please take a moment to introduce yourself to Kara over the next few days. She is eager to continue to learn about all the amazing programs and projects that our attendees are involved in.

Congratulations, Kara!

*Learn more about Kara and her vision by watching:*

[Meet CBHC's New CEO Kara L. Johnson-Hufford, MPA](#)



# BEAVER RUN

RESORT & CONFERENCE CENTER



## Hotel Reservations

### Beaver Run Resort & Conference Center

620 Village Road, Breckenridge, Colorado 80424

**Call 1-800-525-2253 for reservations today!**

Hotel rooms start at \$148 + tax and service charge.

Be sure to mention you are attending the CBHC Conference to receive the group rate.

**Reserve your room today**



*Explore  
Experience  
Enjoy*



# Colorado's CMHCs

## Serving Their Communities

Every day, community mental health centers have a positive impact on their communities by helping individual clients gain the skills and support to advance their own wellbeing and developing innovative programs that respond to unique local needs. It is a privilege to serve Colorado's most vulnerable and a sacred responsibility.



[CMHCs: Serving Their Communities](#)

Scan the QR code above to view stories that illustrate the everyday difference our CBHC members and their staff make across our great state.



**CBHC Pre-Conference Workshops**

**CI** Clinical **Bd** Board **Bu** Business/Upper Management

8:00am - 4:30pm

**CI**

**Imperial Ballroom**

**#1 Pre-Con | Using Solution-Focused Brief Practice for Lasting Change**  
*Teri Pichot, LCSW, LAC, MAC*

Working with clients who struggle with chronic mental health conditions and substance misuse can be challenging. This hands-on workshop will provide practical tools for engaging such clients and discovering meaningful clinical goals. This workshop will demonstrate how to get past the clients' complaints and connect with the clients' hearts. Come prepared with challenging scenarios for a fun and interactive day! *(Includes training, breakfast, lunch, and coffee breaks)*

**Schedule:**

8:00am - 9:00am	Breakfast & Networking
9:00am - 10:30am	Workshop
10:30am - 10:45am	Coffee Break
10:45am - 12:30pm	Workshop
12:30pm - 1:30pm	Lunch
1:30pm - 3:00pm	Workshop
3:00pm - 3:15pm	Coffee Break
3:15pm - 4:30pm	End

8:00am - 4:30pm

**CI Bd Bu**

**Peak 17**  
*(Front of the Breckenridge Ballroom)*

*Sponsored by The Colorado Health Foundation*



**#2 Pre-Con | Equity in Practice: The What, Why, and How**  
*Christina S. James, JD, MSW & Dante J. James, Esq.*

The session is designed to create a common language and framework from which to engage in equity work both in and out of the therapeutic environment. This session is designed to deeply educate all participants on the horrific and insidious racial history and how the ghosts of the past are foundational to, and still exist in, present-day policies, practices and procedures. This is done from a focus on the institutional and systemic aspects of racism. The definitions, examples, and discussions address the intersectionality of identity and allow participants to understand how to utilize an equity lens for any marginalized or underrepresented population. This session will also cover microaggressions and macro-microaggressions: understanding micro-aggressions and their impact on the climate and culture of the workplace, understand macro-microaggressions and how the organizational culture or climate may be detrimentally impacting staff and clients, and how and when to respond to them. The goal is that participants leave the session knowing how to implement equity, not just "understand" it. *(Includes training, breakfast, lunch, and coffee breaks)*

**Schedule:**

8:00am - 9:00am	Breakfast & Networking
9:00am - 10:30am	Workshop
10:30am - 10:45am	Coffee Break
10:45am - 12:30pm	Workshop
12:30pm - 1:30pm	Lunch
1:30pm - 3:00pm	Workshop
3:00pm - 3:15pm	Coffee Break
3:15pm - 4:30pm	End

## THURSDAY

7:00am - 4:30pm | **CBHC Registration Open** | *Third Floor Foyer*

7:45am - 6:30pm | Exhibit Hall Open | *Colorado Ballroom*

7:45am - 8:45am | Breakfast in Exhibit Hall | *Colorado Ballroom*

### 8:45am - 10:30am | Keynote & Awards

8:45am -  
10:30am

Breckenridge  
Ballroom



**Keynote & Mental Health First Aid Awards**  
*The Mental Health First Aid Awards Sponsored by AFSP*



**American  
Foundation  
for Suicide  
Prevention**  
Colorado Chapter

**KEYNOTE: Leveraging the New Determinants  
of Health to Improve Patient Outcomes**

*Keynote Sponsored by*

**Daniel E. Dawes, JD**



Providing real life examples, Daniel challenges audiences to look at both social determinants and data in a whole new way.

10:30am - 11:00am | Coffee Break | Visit the Exhibits & Sponsors in the Colorado Ballroom

### 11:00am - 12:00pm

Peak 17

#100 Reform: The Pieces of a Puzzle | *Presented by the BHA*  
*Michelle Barnes, MBA & Thom Miller*



Peak  
Peak 14-16

#101 Revolutionizing Community Mental Health Through  
Collaborative Care Clinics | *Ginger Low, LPC, LAC;*  
*Amelia Spiegel; Brandon Ward, PsyD*



Coppertop 2

#102 Adding Wellness Into Your Workday Schedule: The  
Paradigm Shift to Change Mindset of Wellbeing  
*LaDonna Reed, NSCA-CPT\*D, CWC, CNC*



Coppertop 3

#103 The Expectation, Not an Exception: Suicidality, Comorbid  
Disorders and Expanding Practice to an Integrated Recovery Model  
*Frank Vega, LMFT*



Imperial  
Ballroom

#104 Comprehensive Approach to Improving Access to Care for  
Adults Transitioning From the Department of Corrections | *Krista  
Anderson, LCSW; Lindsay Cowee, LPC, CAS, CPHQ; Courtney Holmes, MS*



### 12:00pm - 1:30pm | Lunch (Note room locations)

Lunch for all attendees (*Colorado Ballroom*)

CCBHC Workgroup Lunch (*Base Nine Lounge*)

MarComm Meeting & Lunch (*Mercury Board Room - Bldg. 4*)

Training & Development Meeting & Lunch (*Spencer's Private Dining Room*)

1:30pm - 3:00pm	
Peak 17	#200 CBHC Behavioral Health Legislation Through the Rear View Mirror and the Windshield   <i>Frank Cornelia, MS, LPC; Gilbert Romero, JD; Karen Wick, MPP; Edie Sonn, MPP</i> <span>Cl Bd Bu</span>
Peak 14-16	#201 CO-CARES - Colorado Alliance for Resilient and Equitable Systems: Supporting Behavioral Health Worker Wellness   <i>Chad Morris, PhD &amp; Cindy Morris, PsyD</i> <span>Cl Bd Bu</span>
Peak 6-10	#202 Adapting Trauma Therapy for Justice Involved Youth <i>Amy Fox, LPC &amp; Bonnie Graham, LCSW</i> <span>Cl</span>
Peak 11/12	#203 The Importance of Providing Culturally Relevant and Affirming Care to Members of the LGBTQ+ Community <i>Steven Haden, MSW, MBA, CPRP</i> <span>Cl</span>
Coppertop 2	#204 Permanent Supportive Housing & Medicaid: Addressing Unmet Health Related Social Needs (HRSN) Through Wraparound Supportive Services   <i>Amy Austin, MPP; Zac Schaffner; Diamond Mobbley, LPC, CAS</i> <span>Cl Bu</span>
Coppertop 3	#205 The Power of Collaboration: Merging for Improving Patient and Community Outcomes   <i>Harry Budisidharta, JD; Shelly R. Burke; Shelly J. Spalding; Jania Arnoldi, PhD; Paul Reich</i> <span>Bd Bu</span>
Imperial Ballroom	#206 Eliminate the Wait for Justice: Bridging the Gap Between Systems   <i>Leora Joseph</i> <span>Cl Bd Bu</span>
3:00pm - 3:30pm   Coffee Break   Visit the Exhibits & Sponsors in the Colorado Ballroom	
3:30pm - 5:00pm	
Peak 17	#300 Managing Change in Behavioral Health Organizations <i>Mindy Klowden, MNM &amp; Victoria Romero, LPC, LAC</i> <span>Bd Bu</span>
Peak 14-16	#301 Closing the Gap: Systems Issues Impacting Access to Services at CMHCs   <i>Nadia Haddad, MD &amp; Michelle Gaffaney, PA-C</i> <span>Bu</span>
Peak 6-10	#302 Innovative Approaches to Peer Support   <i>Ashleigh Jones, CPFS &amp; Christine McCue, CPFS, ADS, CAS</i> <span>Cl</span>
Peak 11/12	#303 Creating a Community Driven Crisis Response Model: A Paradigm Shift   <i>Stephanie Van Jacobs, LCSW, LAC; Maria Martin, BA, MSW; Vinnie Cervantes, BA, BS</i> <span>Cl</span>
Coppertop 2	#304 A Recipe for Collaboration and Care Coordination: What's the Secret Sauce of Community Engagement? <i>Ray Merenstein, MA, BA</i> <span>Cl Bd Bu</span>
Coppertop 3	#305 Psychological Safety with a Ted Lasso Twist <i>Sarah Prager, LPC, LAC, ICGC-I, CDWF &amp; Meli Reumann, LCSW, LAC, EMDR</i> <span>Cl Bd Bu</span>
Imperial Ballroom	#306 Shaping the Future of CCBHCs in Colorado: Stakeholder Roundtable   <i>Rebecca Farley David, MPH &amp; Brett Beckerson</i> <span>Cl Bd Bu</span>



# CBHC

Colorado Behavioral  
Healthcare Council



## Networking Reception

*Please note the Golden Abacus & Golden Lightbulb Awards are on Friday morning.*

**Thursday | 5:15pm - 6:30pm | (Colorado Ballroom & Patio)**

*Gather for our Networking Reception with hors d'oeuvres*



Twitter: @CBHC\_News | #CBHC23Conf

*Sponsored by*



**FRIDAY**

7:00am - 4:30pm | **CBHC Registration Open** | *Third Floor Foyer*

7:45am - 3:30pm | Exhibit Hall Open | *Colorado Ballroom*

7:45am - 8:45am | Breakfast in Exhibit Hall | *Colorado Ballroom*

**8:45am - 10:30am | Keynote & Awards**

8:45am - 10:30am

**Keynote & Golden Abacus & Golden Lightbulb Awards**

*Awards Sponsored by Videra Health*

Breckenridge Ballroom

**Keynote: Escape the Burnout Trap: Three Steps to Beat Burnout and Sustain Peak Performance**

*Erin Stafford, MA | Burnout and Peak Performance Expert*

CI Bd Bu



Erin shares the steps leaders must take to move from exhaustion and burnout to peak performance and thriving again at work and in life.

10:30am - 11:00am | Coffee Break | Visit the Exhibits & Sponsors in the Colorado Ballroom

**11:00am - 12:00pm**

Peak 17

**#400 Colorado Mobile Crisis Response and Behavioral Health**

**Secure Transportation Benefits** | *Emily Holcomb, MPH & Meghan Morrissey, MSW, LCSW, LAC*

CI Bu

Peak 14-16

**#401 Serving Children and Families Impacted by Violence Through Innovative Community Partnerships**

*Nicole Lopez & Rebecca Smith Tucker, LPC*

CI Bu

Peak 6-10

**#402 Attention-Deficit Hyperactivity Disorder in Women and Girls: Diagnostic Assessment Across Developmental and Reproductive Periods** | *Rebecca Richey, PsyD, LCSW, CAC III, MBA*

CI

Peak 11/12

**#403 Community Collaborative Response to Suicide in Veterans: An Upstream Approach** | *Damian McCabe, MSW, LCSW, LTC, US Army (Ret)*

CI

Coppertop 2

**#404 Policy is Personal: Grassroots Advocacy in Mental Health Settings** | *Amy Lyden-Cardinal, MSW, CPFS*

CI Bd Bu

Coppertop 3

**#405 Teens and Tech: Navigating a Digital Landscape** | *Miranda Jankowski, MA, LPC; Julia Kallis, BS; Ashley Oxtan, LPC, LAC*

CI Bu

Imperial Ballroom

**#406 Building a Culture of Equity and Inclusion in an Organization** | *Lesley Brooks, MD; Stephanie Madsen-Pixler, LCSW, CAS; John McKay; Kathy Sisneros, EdD*

CI Bd Bu

CI Clinical Bd Board Bu Business/Upper Management

<b>12:00pm - 1:30pm   Lunch</b> (Note room locations)	
Lunch for all attendees (Colorado Ballroom) Mental Health First Aid Meeting & Lunch (Base Nine Lounge) Deputy Directors Lunch (Spencer's Private Dining Room) CMOs Meeting & Lunch (Mercury Board Room - Bldg. 4)	
<b>12:00pm - 1:30pm   CBHC Board Meeting &amp; Awards Ceremony</b>   (Imperial Ballroom) <b>Bd</b>	
<b>1:30pm - 3:30pm   #506   Board Member Only Session</b> <b>Bd</b> Behavioral Health Reform in Colorado: What You Need to Know Frank Cornelia, MS, LPC & Edie Sonn, MPP   (Imperial Ballroom)	
<b>3:30pm - 4:30pm   Board Member Only Reception</b>   (Imperial Ballroom) <b>Bd</b>	
<b>1:30pm - 3:00pm</b>	
Peak 17	#500 Leveraging Tech to Enhance Culturally Responsive Care for Rural Youth   Laura McArthur, PhD; Ebonie Barnes, LMHC; Brittany Zamora, LPC <b>Cl Bu</b>
Peak 14-16	#501 The Little Program that Could: Treatment of OCD and Sustaining an OCD Outpatient Program   Emily Hemendinger, LCSW, MPH, CPH, ACS; Rachel A. Davis MD; Stephanie Lehto, PsyD <b>Cl Bu</b>
Peak 6-10	#502 Creating a Lifestyle of Wellbeing: Putting Positive Psychology into Practice   Stephen Fisher, LPC <b>Cl Bd Bu</b>
Peak 11-12	#503 Therapeutic Preschool: An Off-Ramp From the Preschool to Prison Pipeline   Kristie Dorwart, LPC, NCC; Wendy Romero, BA; Julie Zabolio, LPC, IMH-E® <b>Cl Bu</b>
Coppertop 2	#504 The Wild West of Withdrawal Management   Nadia Haddad, MD & Michelle Gaffaney, PA-C <b>Cl</b>
Coppertop 3	#505 Hoarding Disorder 101: The Reality vs. What You See on Reality TV   Amy Miller, LCSW <b>Cl</b>
<b>3:00pm - 3:30pm   Coffee Break   Visit the Exhibits &amp; Sponsors in the Colorado Ballroom</b>	



3:30pm - 4:15pm	
Peak 17	#600 Exploring New Horizons: Ethical & Practical Uses of ChatGPT / Generative AI   <i>Cody Campbell, BS &amp; Eric Sagel, BA</i> <span style="float: right;">Bu</span>
Peak 14-16	#601 Building Connection and Leadership Opportunities: Lessons Learned From Implementing an Inclusive Mentorship Initiative within a Community Mental Health Center <i>Tiffany Erspamer, PsyD, LP &amp; Amber Olson, PhD, LP</i> <span style="float: right;">Cl Bd Bu</span>
Peak 6-10	#602 Expanding Access: Why TMS is Critical to Diverse Mental Health Care   <i>Christopher Perez, APRN-CRNA</i> <span style="float: right;">Cl</span>
Peak 11/12 	#603 What Your Executive Team Needs to Know About CyberSecurity   <i>Andrew Bronson &amp; Kevin Light</i>   <i>Sponsored by Citywide Banks</i> <span style="float: right;">Bd Bu</span>
Coppertop 2	#604 Colorado's Next Steps in Behavioral Data Collection and Collaboration   <i>Richard Rowley</i> <span style="float: right;">Bu Cl</span>
Coppertop 3  <i>*90 Minute Session</i>	#605 ACT - Assertive Community Treatment: The Evidence-Based Practice That Travels Well   <i>Rhonda Hornsby, MSW, LCSW; Teah Miller, MBA, LPC; Diamond Mobbley, LPC, CAS; Lisa Traudt, MS, LMFT; Consuelo Villalvilla, MA, LPC-S, LAC</i> <span style="float: right;">Cl</span>
3:30pm - 4:30pm   Board Member Only Reception   (Imperial Ballroom)	
4:15pm   End of day for sessions   Attendees on their own for dinner!	

Schedule at a Glance | September 30, 2023 | Saturday

SATURDAY	
7:00am - 11:15am   CBHC Registration Open   <i>Third Floor Foyer</i>	
7:00am - 8:00am   Breakfast   <i>Colorado Ballroom</i>	
8:00am - 11:00am (with 15 minute break)	
Imperial Ballroom	#700 Mental Health in the Workplace: US Surgeon General Framework   <i>Sandy Black, LPC; Erin Knudson, NBC-HWC; Kylie Slavek, LPC; Chelsea Vibert, LPC</i> <span style="float: right;">Cl Bd Bu</span>
Peak 17	#701 Walking the Happy Path: A Road Map to a Successful Competency Restoration Program   <i>Kathryn Davis, LPC; Dolores Duran, LSW, LAC; Tana Rienow, MA; Jody Whitright, MA</i> <span style="float: right;">Cl Bd Bu</span>
Coppertop 3	#702 Expanding the JEDI Horizon with Cultural Humility   <i>Sara D. Anderson (she/her), MSW &amp; Kat Martinez (they/them), PhD</i> <span style="float: right;">Cl Bd Bu</span>

Cl Clinical 
 Bd Board 
 Bu Business/Upper Management



**MENTAL HEALTH  
FIRST AID  
COLORADO**

**Take a course today!**



**Identify. Understand. Respond.**

**Mental Health First Aid is a skills-based training course that teaches participants about mental health and substance-use issues.**

**[www.mhfacolorado.org](http://www.mhfacolorado.org)**

**MHFA Awards Presentations**

**Join Us Thursday Morning | *(Breckenridge Ballroom)***





# Evaluations

**DRAWING**



**Two-Night Stay at Beaver Run Resort  
and  
\$100 Visa Gift Card**



Turn in your evaluations to the CBHC  
Registration Desk for a chance to win.

One entry per conference attendee. Please include  
your name and email with your evaluation.



# CBHC

## **Thank You**

*Doyle Forrestal*

Congratulations on your retirement!

Thank you for serving and guiding  
CBHC as the Chief Executive Officer  
for over nine years. You have been  
an inspirational leader as well  
as innovator to Colorado's  
behavioral health community!

# #1 Pre-Conference Workshop

Wednesday | September 27, 2023

8:00am - 4:30pm | (Imperial Ballroom) **CI**

## Using Solution-Focused Brief Practice for Lasting Change

Working with clients who struggle with chronic mental health conditions and substance misuse can be challenging. This hands-on workshop will provide practical tools for engaging such clients and discovering meaningful clinical goals. This workshop will demonstrate how to get past the clients' complaints and connect with the clients' hearts. Come prepared with challenging scenarios and join us for a fun and interactive day!

*(Includes training, breakfast, lunch, and coffee breaks)*

8:00am - 9:00am	Breakfast & Networking
9:00am - 10:30am	Workshop
10:30am - 10:45am	Coffee Break
10:45am - 12:30pm	Workshop
12:30pm - 1:30pm	Lunch
1:30pm - 3:00pm	Workshop
3:00pm - 3:15pm	Coffee Break
3:15pm - 4:30pm	End



*Teri Pichot, LCSW, LAC, MAC has over 30 years experience working with some of the most challenging clients including those who struggle with substance misuse, chronic mental illness, and domestic violence. She studied Solution-Focused Brief Therapy under Insoo Kim Berg and Steve de Shazer, and their way of working continues to have a strong influence in her professional life. She was the program manager of a county-based co-occurring substance misuse treatment center for over 15 years. While there, she was instrumental in shifting the treatment approach from a more traditional problem-focused model to one based upon solution-focused tenets. It was also in this role that she honed her skills in engaging and effectively working with clients who are mandated into treatment by child welfare and the legal system. She is an internationally recognized trainer and consultant in Solution-Focused Brief Therapy, and she is the author of five books (some of which have been translated into French, Japanese, Mandarin, Chinese, and Spanish). She is the founder of the Denver Center for Solution-Focused Brief Therapy, and she provides inspiring and educational trainings and workshops to professionals around the world in how to use this evidence-based approach with some of the most difficult clientele. She is known for her energetic and personable teaching style, and she brings passion and practicality to her workshops. She believes that everyone who attends her trainings should leave with meaningful tools that will make an immediate difference in clients' lives.*

**CI** Clinical **Bd** Board **Bu** Business/Upper Management

## Workshop Evaluations Drawing!

Turn your CBHC conference evaluations  
into the CBHC registration desk  
to be entered to win a

Two-Night Stay at Beaver Run Resort  
and \$100 Visa Gift Card.

# #2 Pre-Conference Workshop

Wednesday | September 27, 2023

8:00am - 4:30pm | (Peak 17 Front of Breckenridge Ballroom) **Cl** **Bd** **Bu**

## Equity in Practice: The What, Why, and How | Sponsored by The Colorado Health Foundation

The session is designed to create a common language and framework from which to engage in equity work both in and out of the therapeutic environment. This session is designed to deeply educate all participants on the horrific and insidious racial history and how the ghosts of the past are foundational to, and still exist in, present-day policies, practices and procedures. This is done from a focus on the institutional and systemic aspects of racism. The definitions, examples, and discussions address the intersectionality of identity and allow participants to understand how to utilize an equity lens for any marginalized or underrepresented population. This session will also cover microaggressions and macro-microaggressions: understanding micro-aggressions and their impact on the climate and culture of the workplace, understand macro-microaggressions and how the organizational culture or climate may be detrimentally impacting staff and clients, and how and when to respond to them. The goal is that participants leave the session knowing how to implement equity, not just “understand” it.

*(Includes training, breakfast, lunch, and coffee breaks)*

8:00am - 9:00am	Breakfast & Networking
9:00am - 10:30am	Workshop
10:30am - 10:45am	Coffee Break
10:45am - 12:30pm	Workshop
12:30pm - 1:30pm	Lunch
1:30pm - 3:00pm	Workshop
3:00pm - 3:15pm	Coffee Break
3:15pm - 4:30pm	End



*The Gemini Group was formed in 2018 and has worked with clients across the country supporting equity work and the creation of an organizational culture and infrastructure that produces equity in outcomes and reduces or eliminates detrimental outcomes specifically for People of Color. **Christina S. James, JD, MSW** has over 15 years of senior level leadership and management experience within state, federal and local government, higher education, private industry and the nonprofit sector. Her focus has been in civil rights, organizational development, strategic planning, leadership coaching, various trainings, team building, workplace assessments, mindfulness, auditing human resources policies and practices, discrimination investigations, etc., all to increase workplace productivity, health and positive climate and culture change. Christina has created and led civil rights offices for federal government agencies and the Regional Transportation District in Denver, CO. She has worked within the Colorado State Legislature and for the state office of a national nonprofit focused on women's rights. She most recently contracted to serve as Interim COO for a \$50 million nonprofit. **Dante J. James, Esq.** has over 25 years of political and legal experience and has worked in senior leadership positions with government and civil society. An attorney by education and training, Dante has provided legal representation in private practice, served as an administrative hearing officer as well as political appointee and political consultant. He worked and traveled for the Clinton Administration for almost 8 years leading Advance work nationally and internationally. He served as an appointee of the Mayor of Portland, Oregon for 6 years as the first director of its civil rights office, the Office of Equity and Human Rights. Prior to that, he was the Colorado State Director for the Center for Progressive Leadership (CPL), a national nonprofit organization focused on developing the next generation of progressive leaders. Prior to holding this position, he was appointed by Denver Mayor Wellington Webb to serve as Executive Director of the Mayor's Office of Contract Compliance, the City's Affirmative Action office overseeing the utilization of women-and minority-owned businesses in city projects. As an Adjunct Faculty member, he has taught at the University of Colorado at Denver and the University of Denver Sturm College of Law.*

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## Keynote & Awards CI Bd Bu

Thursday | 8:45am - 10:30am

### Leveraging the New Determinants of Health to Improve Patient Outcomes

*Daniel E. Dawes, JD*

As a passionate advocate for underserved communities, Daniel E. Dawes has become a national thought leader on utilizing data on the social determinants of health to identify and eliminate healthcare disparities. How can we also use data to reduce costs and improve outcomes for every single group and in every community? Daniel looks beyond social determinants to examine how the behavioral, community, and even political determinants of health can decrease the risk factors behind the poor-health pandemic. In this dynamic presentation for healthcare and mental healthcare providers, employers, community leaders, policy makers and others, Daniel looks at the multiple factors affecting health and takes audience members further upstream to understand the root causes of disparities and how we can effectively disrupt the silos and engage in strategic partnerships to advance a more healthy, equitable and inclusive health system. It all begins with asking the right questions: Is a patient caring for a loved one and not taking care of herself? Depressed? Obese? Lonely? Are we effectively collecting, utilizing, and prioritizing the comprehensive data to identify these and other issues? Providing real-life examples, he challenges audiences to look at both determinants and data in a whole new way. He also provides practical applications that they can immediately put into action.

*Daniel E. Dawes, JD is a widely respected healthcare and public health leader, health equity and policy expert, educator, and researcher who currently serves as Senior Vice President, Global Health and Executive Director of the Global Health Equity Institute at Meharry Medical College. Daniel is also Founding Dean of the School of Global Public Health at Meharry Medical College, the first school of public health at an historically black institution. Prior to that he served as executive director of the Satcher Health Leadership Institute at Morehouse School of Medicine and is a professor of health law, policy and management. A trailblazer and nationally respected voice in the health equity movement, his scholarship and leadership, particularly the innovative political determinants of health framework that he pioneered, have resulted in increased policies and laws prioritizing health equity. By tackling upstream determinants of health, he has ventured into such uncharted territory as the intersection between equity and the social and political determinants of health to change the course of domestic and global policies for the better. His groundbreaking works, 150 Years of ObamaCare, which documents the health equity movement in America and elevates the health equity-focused provisions of the Affordable Care Act that he led in negotiations and formulation, and The Political Determinants of Health, which provides an in-depth lens on the root causes of inequities, both published by Johns Hopkins Press are now nationally and internationally recognized and used as top health policy books. His passion for addressing health inequities is exemplified in his unyielding commitment to building collaboratives, including the HHS grant-funded National COVID-19 Resiliency Network and the Health Equity Leadership and Exchange Network, both existing to leverage evidence-based research and develop actionable solutions to advance health equity. Professor Dawe's work focuses on health reform, health equity, mental/behavioral health inequities, social and political determinants of health, poverty, and health system transformation. His work bridges research, technology, healthcare, population health and public health—the translation of research discoveries into all communities, including under-resourced, vulnerable, and marginalized communities.*

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#100 | Reform: The Pieces of a Puzzle | Presented by the BHA



Join us at the much-anticipated Behavioral Health Administration session where we will unveil a graphic that connects the puzzle pieces of reform! Witness the transformative power as the pieces align, unlocking a clearer path to progress. A session that promises to ignite excitement and clarify how the various initiatives underway fit together in our interconnected system. Don't miss out!

**Michelle Barnes, MBA** is the Interim Behavioral Health Administration Commissioner. Over her career, Michelle has championed bold change with her ability to motivate and inspire individuals to identify their highest potential. Today, Michelle can be found maximizing the lives of her fellow Coloradans as the interim executive director of the Behavioral Health Administration. Prior she was the Executive Director of the Colorado Department of Human Services. As a result of what she does, millions of Coloradans receive support and services that help them to thrive.

**Thom Miller, JD** is the Interim Deputy Commissioner of the BHA. Thom has served in Colorado state government since 2011, helping to ensure quality services are guaranteed to Colorado citizens, across a variety of settings. Prior to this work, Thom led legal advocacy efforts for students in special education and coordinated services on behalf of adults with intellectual and developmental disabilities in community settings. Thom brings to the Behavioral Health Administration his passion for social justice and equity blended with the ability to create systems of regulatory oversight that provide safe delivery of services. Thom earned his Juris Doctor from the University of Denver, Sturm College of Law, Master's degree in Sociology from the University of Colorado.

#101 | Revolutionizing Community Mental Health Through Collaborative Care Clinics



Jefferson Center's Collaborative Care Framework is revolutionizing behavioral healthcare by delivering effective and affordable outpatient care that clients and staff love. This session covers the inception of the framework, offers solutions for the industry's most stubborn challenges, and outlines the tools needed to get started.

**Ginger Low, LPC, LAC** has a professional background that includes clinical mental health treatment with a specialization in addictions counseling. Throughout her career, Ginger has worked in a variety of settings from an opioid treatment program to inpatient residential treatment. In 2020 she started working for Jefferson Center as a co-occurring therapist. As the Program Coordinator for the Mountain Services team, she focuses on program development and providing clinical supervision for providers serving rural mountain communities.

**Amelia Spiegel** works to radicalize mental health systems by combining her care and consideration for people with an eye for detail, efficiency, and effectiveness. In her role as Innovation Analyst at Jefferson Center, Amelia challenges the status quo and maximizes the contributions and creativity of each staff member to implement changes that provide extraordinary experiences and outcomes.

**Brandon Ward, PsyD** is a dynamic healthcare leader, bringing together deep clinical insight, experience with complex technology solutions, and an innovative and collaborative style – all in the service of transforming behavioral healthcare in Colorado and beyond. In his current role as Chief Innovation Officer and VP of Information Systems at Jefferson Center, Dr. Ward leads a team of exceptional professionals in this pursuit, partnering within the organization and throughout the community to build robust, secure, and innovative solutions to behavioral healthcare's toughest challenges.

**#102 | Adding Wellness Into Your Workday Schedule: The Paradigm Shift to Change Mindset of Wellbeing** **Cl** **Bd** **Bu**

Your work schedules can be full of meetings, clients, and strategic project initiatives. You come to work whether remote or in-office. Learn key wellness tools you can implement right away to improve cognitive function and physical components that improve your energy and mindset throughout the day. Some office stretching and movement will be incorporated in this session. Feel free to stand and move about during this wellness time.

***LaDonna Reed, NSCA-CPT\*D, CWC, CNC** has a tenacious approach to life. As a competitive sprinter for USA Track and Field Masters (100m, long jump, and javelin), she continues to stay active on the National level, currently ranked #3 in the US for javelin in her age group. She spent over 15 years presenting to and educating Olympic and Paralympic level athletes on leaving behind a legacy of clean sport competition. Serving as the Wellness Coordinator for Diversus Health, it is her passion to bring changes within an organization to improve the health and wellbeing of the 450+ staff. LaDonna is a certified Personal Trainer, and owner of Get Movin' Personal Training, LLC. LaDonna also holds certifications as a Certified Health and Wellness Coach, and Nutritional Consultant. She loves to share the knowledge of wellness to all who will listen.*

**#103 | The Expectation, Not an Exception: Suicidality, Comorbid Disorders and Expanding Practice to an Integrated Recovery Model** **Cl**

Substance use, mental health and suicidality comorbidity are unavoidable. Integrated Recovery Models addressing holistic care are evidence-based approaches that provide the best outcomes for the individual seeking care. This presentation will focus on the implementation of an Integrated Recovery Model for service provision within a community behavioral health center model.

***Frank Vega, LMFT** is a Licensed Marriage and Family Therapist holding licenses in Colorado (MFT 1800), Arkansas, Kentucky and Texas. He is currently serving as the Clinical Director for Special Kids/Special Families. Prior to transitioning to SK/SF he served as the Director of the Acute Treatment Unit and overseeing the Colorado National Collaborative and Zero Suicide Grants for Health Solutions. Before moving to Colorado in 2020, he served as the Director of Behavioral Health for an FQHC serving the states of Arkansas and Kentucky and led the implementation of integrated care and medication assisted treatment programs in both states.*

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## #104 | Comprehensive Approach to Improving Access to Care for Adults Transitioning From the Department of Corrections



Justice-involved individuals have significantly higher rates of severe mental illness, substance use disorders, and chronic physical health conditions. They also experience an increased mortality rate post-release. Colorado Access programming reduces barriers to receiving care by building community partnerships that enhance touchpoints with this population prior to and immediately following release.

**Krista Anderson, LCSW** is the Clinical Behavioral Health Program Manager at Colorado Access. Krista's experience includes direct service delivery, coordination of services, and building programming to support individuals released from incarceration. In her current role, she is responsible for developing and leading systemic behavioral health interventions and guiding service expansion for Colorado Access members.

**Lindsay Cowee, LPC, CAS, CPHQ** is the Senior Director of Behavioral Health Network Performance at Colorado Access, the largest public sector health plan in Colorado. Lindsay's career in the Colorado safety net includes clinical experience with substance use, dual diagnoses, and justice involved individuals plus Medicaid-managed care leadership in quality improvement, utilization management, and network performance.

**Courtney Holmes, MS** is a Behavioral Health Practice Facilitator at Colorado Access. Courtney's role focuses on coaching behavioral health practices on clinical workflows, process improvement, and achievement of key performance and value-based clinical measures. She targets relationship building with community partners to improve the quality of care Colorado Access members receive.

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# Session Handouts

Download at [www.cbhc.org](http://www.cbhc.org) after September 1, 2023





**#200 | Behavioral Health Legislation Through the Rear View Mirror and the Windshield**   

How did behavioral health policy fare at the Colorado legislature in 2023? What's on the horizon for 2024? Join CBHC's policy team to understand the latest legislative and regulatory developments shaping community health in Colorado, and learn about what's in the works for the coming year.

**Frank Cornelia, MS, LPC** is the Deputy Executive Director & Chief Strategy Officer for CBHC. Before joining the organization in 2012, he was a direct care professional with years of experience providing services to diverse client populations. In his role with CBHC, he reports directly to the CEO and is responsible for developing and maintaining relationships with a variety of community and government stakeholders. He also helps set the strategic vision for the organization. Frank provides leadership to CBHC's advocacy team and leads the development of CBHC's yearly policy platform. He holds a Bachelor's degree in Psychology from the University of Minnesota and a Master's degree in Health and Human Development from Montana State University.

**Gilbert Romero, JD**, is a Principal/Attorney with Capitol Success Group, a government affairs and lobbying firm he started in 1999. He is currently the lead lobbyist for CBHC. Gil served in the Colorado House of Representatives from 1984 to 1998; 8 of those years he served on the powerful Joint Budget Committee. He is a former Judge Advocate General and a Major in the Army National Guard. He holds a Juris Doctorate degree from the University of Colorado Law School, and a Bachelor of Arts degree in Political Science, University of Colorado, with a Master's degree from Harvard University.

**Karen Wick, MPP** is a Principal at Swift Strategies, a government relations firm in Denver, Colorado. She has more than 15 years of legislative and political experience honed while working for top advocacy organizations in Colorado and Washington, D.C. As Political Director and Lobbyist for the Colorado Education Association, an affiliate of the National Education Association, she led strategic campaigns to advance their political and legislative goals and engage their 35,000 members across the state. Her previous experience also includes advancing rights for LGBTQ+ individuals nationally with the Gill Foundation, advocating for union members with the American Federation of State, County and Municipal Employees, and advancing the rights of working women at Women Work! The National Network for Women's Employment. A native of New Jersey, Karen completed her Bachelor's degree at Montclair State University. She later earned her Master's in Public Policy at the Trachtenberg School of Public Policy and Public Administration at George Washington University in Washington, D.C.

**Eddie Sonn, MPP** is the Senior Director of External Affairs for CBHC and joined them in 2022. Eddie works alongside Deputy Executive Director Frank Cornelia on government relations and policy initiatives. She also represents the organization with key stakeholders, oversees communications and assists members with their own communications, outreach and engagement strategies. Eddie served as a board member of WellPower for much of the last 20 years and was actively involved in the development of Colorado's integrated care SIM plan. Eddie came to CBHC after 8 years as the Vice President of Public Affairs at Pinnacle Assurance. Previously, she worked in health policy for 20+ years, including as the Vice President of Strategic Initiatives for the Center for Improving Value in Health Care, Colorado Medical Society and as a public affairs consultant for a wide range of healthcare clients. Sonn holds a Master's degree in public policy from Duke University and is a Bachelor of Arts graduate and a Boettcher Scholar from Colorado College. She was named a 2018-2019 Governor's Fellow by Governor John Hickenlooper. In 2017, she was named the "Outstanding Woman in Business: Communications/Media" by the Denver Business Journal.

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**#201 | CO-CARES - Colorado Alliance for Resilient and Equitable Systems: Supporting Behavioral Health Worker Wellness****CI Bd Bu**

Given the stresses of the pandemic and workforce shortages, employee wellness is critical. The University of Colorado and CDPHE have partnered to offer statewide behavioral healthcare organizations a range of evidence-based wellness services at no cost. We will share these tiered opportunities tailored to organizations' and individuals' wellness journeys.

**Chad Morris, PhD** is a Clinical Psychologist and Professor of Psychiatry at the University of Colorado School of Medicine. At CU Chad is the Director of the Behavioral Health and Wellness Program. Chad is the principal investigator of over 150 projects and studies exploring the effectiveness of organizational and individual whole health strategies. As the Vice President of Spark Inspiration, Dr. Morris also offers corporate wellness solutions.

**Cindy Wang Morris, PsyD** is a Clinical Psychologist and the Clinical Director of the Behavioral Health & Wellness Program at the University of Colorado School of Medicine. Cindy administers the Wellness Leadership Institute and develops and implements training programs for administrators, healthcare providers, and peer specialists focused on health behavior change for health systems change, whole health and work and wellbeing.

**#202 | Adapting Trauma Therapy for Justice Involved Youth****CI**

System-involved youth present unique challenges in trauma treatment that often do not fit neatly into traditional treatment modalities. This workshop will focus on concrete ways to mitigate these challenges in the real-life treatment of our youth who are experiencing ongoing complex trauma and system involvement.

**Amy Fox, LPC** has been working with child welfare and justice system-involved youth in various roles since 1997. Currently, she serves as a clinician with adolescents in the Denver County juvenile justice system. Amy is certified in EMDR trauma therapy, and loves creating a safe space for teens experiencing complex trauma. Amy also enjoys collaborating with justice, child welfare, and education partners who also serve our youth.

**Bonnie Graham, LCSW** is a Social Worker with over 15 years of experience in the field of community mental health. As an LCSW who values social justice and access to culturally responsive treatment, Bonnie's work focuses on providing trauma-informed care for high-risk children and families. She supervises an intensive treatment team of clinicians offering therapeutic services through an in-home therapy program, a suicide prevention clinic, and a mental health program for justice-involved youth.

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# Exhibit Passport

Have each Exhibitor initial your Exhibit Passport  
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**#203 | The Importance of Providing Culturally Relevant and Affirming Care to CI Members of the LGBTQ+ Community**

This presentation highlights the importance of LGBTQ+ affirming care training for staff in behavioral health settings, hospitals, and social service organizations. It emphasizes the need to address the higher rates of mental health challenges faced by LGBTQ+ individuals and their troubling encounters with providers who lack understanding and acknowledgment of their concerns as part of a marginalized community. The workshop aims to equip mental health clinicians and administrators with the necessary skills to deliver high-quality, culturally relevant, and affirming behavioral health interventions for the LGBTQ+ community. Key topics covered in the workshop include spectrums of sexuality and gender, inclusive and affirming language usage, barriers to treatment, mental health disparities, population-specific competencies, cultural relevancy, trauma-informed care, effective treatment models, healthy coping skills, systemic biases, internalized oppression, coming out experiences, gender dysphoria, administrative inclusiveness, and population-specific barriers to care. Beyond providing knowledge, statistics, and best practices, the workshop also focuses on fostering a welcoming environment for LGBTQ+ patients and reducing barriers to treatment. Participants will gain insights into a more extensive community co-created and trauma-informed training specifically centered on LGBTQ+ affirming behavioral healthcare, and underscores the necessity of LGBTQ+ affirming care training, highlighting the potential to improve the delivery of behavioral health interventions while enhancing patient experiences and access to care.

***Steven Haden, MSW, MBA, CPRP (he/him)** is the Chief Executive Officer and Founder of Envision:You, a Colorado-based nonprofit behavioral health initiative that addresses the disproportionate burden, disparity in care, and poor outcomes that LGBTQ+ individuals encounter every day. Additionally, he is the Founder of You:Flourish, a first-of-its-kind wellness app for the LGBTQ+ community launching in the United States in fall 2023. Steven is also a mental health clinician with Queer Asterisk, a nonprofit providing comprehensive behavioral health services in communities throughout Colorado. Steven is responsible for providing diagnostic assessments, therapy, and counseling to a diverse caseload. He works with clients, individually and in group sessions, to assist in overcoming dependencies, adjusting to life, to solve and cope with problems in their everyday lives, and to help individuals make changes to improve their wellbeing. Previously, Steven worked with WellPower on an Assertive Community Treatment (ACT) team providing intensive, integrated community mental health care services to criminal justice-involved individuals along with clients living in secured institutions.*

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**#204 | Permanent Supportive Housing & Medicaid: Addressing Unmet Health Related Social Needs (HRSN) Through Wraparound Supportive Services** **Cl** **Bu**

This session will discuss housing as a Health Related Social Need (HRSN) and the evidence-based intervention of Permanent Supportive Housing (PSH). Centering on the history, progress, and impact of the American Rescue Plan Act (ARPA) funded Statewide Supportive Housing Expansion (SWSHE) pilot project, this session highlights opportunities for CMHCs within the realm of PSH.

**Amy Austin, MPP** is the Wraparound Housing Policy Advisor for the Colorado Department of Health Care Policy and Financing (HCPF) and the project lead for the Statewide Supportive Housing Expansion (SWSHE) pilot project. Amy holds a Master's degree in Public Policy with 6 years of experience in the areas of public health and social services, with a focus in designing and implementing programs for diverse populations. Her expertise includes wraparound services, case management, program development, and systems change work.

**Zac Schaffner** is the Community Partnerships and Development Manager at the Colorado Department of Local Affairs' (DOLA) Division of Housing. As a member of the Office of Homeless Initiatives, Zac works with local, state, and federal stakeholders to create and support a continuum of collaborative approaches designed to ensure that homelessness is rare overall, brief when it occurs, and that no one gets left behind. Prior to joining DOLA, Zac served as the Homeless Initiatives Program Manager in Colorado Governor John Hickenlooper's Office. Zac served as an Americorps VISTA.

**Diamond Mobbley, LPC, CAS** has been employed with SLVBHG for more than 10 years and has a long work history in the fields of behavioral health and psychology. Diamond was born in Canada and moved to the United States as a child. He has been a resident of Colorado for nearly 4 decades. In that time he has held various supervisory roles in each place he has worked. Some of the highlights in his work history are: Faculty Senate President and Division Chair of Psychology at Trinidad State College, Assistant Director at Youthtrack, and Clinical Director of Intensive Services at SLVBHG.

**#205 | The Power of Collaboration: Merging for Improving Patient and Community Outcomes** **Bd** **Bu**

Join the CEOs/leaders of Axis Health System, Valley-Wide Health System, and Aurora Mental Health and Recovery as they discuss the strategic rationale behind the recent mergers of their organizations, and delve into the driving factors behind the decision, including improved care integration, expanded services, enhanced community outreach, and sustainable resource allocation.

**Harry Budisidharta, JD** received his Bachelor of Arts in Political Science from California State University of Los Angeles, and his Juris Doctor from University of Colorado Law School. As the former Executive Director of the Asian Pacific Development Center, Harry worked with government officials and community partners to address health disparities in the refugee and immigrant communities. Harry is currently the Corporate Integrity Officer / In-House Legal Counsel for Aurora Mental Health and Recovery. Due to his extensive experience in nonprofit and government relations, Harry has been quoted by [The Wall Street Journal](#), [The Denver Post](#), [The Aurora Sentinel](#), [Westword](#), [Law Week Colorado](#), [The Colorado Statesman](#), [Colorado Politics](#), and [Asian Avenue Magazine](#). He is certified in numerous trainings, including Mental Health First Aid for adults and youth, Question Persuade Refer, safeTALK, and COMET. Harry has extensive experience in building community coalitions, engaging with community partners, and working to improve the health outcomes of communities across Southwest Colorado.

**Shelly R. Burke** is the Chief Executive Officer/Project Director of Axis Health System (AHS) and has been with them since October 11, 2000. She has a background in public accounting and has accumulated extensive experience in administrative, fiscal, and operations leadership of community mental health centers, substance use treatment providers, and primary healthcare facilities. She previously served as the Chief Operating Officer/Chief Financial Officer/Project Director for the AHS Community Health Centers (CHCs). In support of the AHS mission and the delivery of comprehensive care, she worked with the leadership staff to design models, implement the scope of service and contract deliverables, and identify financing to improve access to care in our 11 counties. Her leadership reflects an understanding of the barriers that often face underserved rural populations and the need to address larger and often unique community needs through collaboration to improve health care disparities in underserved populations as a component of a thriving community. During her tenure at AHS, she has been involved in state policy through involvement with various committees, statewide organizations, stakeholder groups, and state agencies.

**Shelly J. Spalding** is the Chief Operating Officer of Axis Health System (AHS) and has been with them since July 1, 2016. She has spent her career serving urban and rural nonprofit community mental health and human service organizations. She has experience in treating the behavioral health needs of children, adolescents, families, adults, and older adults. She has extensive experience in integrated systems of care. Her strengths include comprehensive experience in managed care, clinical service delivery systems, leadership and management of staff, building community collaborations, and strategic planning. She is committed to excellence, connected to our community, and has compassion for all.

**Jania Arnoldi, PhD** is the President and CEO of Valley-Wide Health Systems, Inc. in southern Colorado. Valley-Wide provides medical, dental, behavioral health, physical therapy, and many ancillary services. In 2022, we served over 35,000 patients and are now in 14 rural and frontier counties. Jania is responsible for strategic and operational leadership, and relationship building internally and externally at the national, state, and local levels. Jania has been a leader in community health for over 24 years. Prior to her current role, Jania was the Chief Financial Officer at two community health centers in southern Arizona. Jania obtained her Doctorate degree in Healthcare Administration in 2021 from AT Still University, her Master of Business Administration from The University of Phoenix in 2006, and her Bachelors of Science in Business Administration from the University of Arizona in 2002. Jania currently resides in Alamosa, Colorado. Jania enjoys spending time with her family and being outdoors anywhere in beautiful Colorado.

**Paul Reich** is the Community Relations Liaison of Axis Health System and has been with Axis Health System (AHS) since April 21, 2021, having served previously on the Board of Directors for The Center for Mental Health from 2014 to 2021. He provides community mental health trainings, including Mental Health First Aid for adults and youth, Question Persuade Refer, safeTALK, and COMET. He has extensive experience in building community coalitions, engaging with community partners, and working to improve the health outcomes of communities across Southwest Colorado.

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**#206 | Eliminate the Wait for Justice: Bridging the Gap Between Systems** Cl Bd Bu

Colorado's Office of Civil and Forensic Mental Health operates at the intersection of the mental health and criminal justice systems and aims to alleviate the tension between the two. Told from the perspective of a former prosecutor turned mental health advocate, this transparent presentation will bring the audience behind the curtain of the competency crisis.

***Leora Joseph** has fought for justice for the most vulnerable people caught in the complex criminal justice system. Her passion is driven by her faith and the Jewish teaching of Tikkun Olam, the obligation to repair the world. As the director of Colorado's Office of Civil and Forensic Mental Health (OCFMH), Leora is committed to transparent processes and to statewide partnerships. Leora previously served as managing chief of the Special Victims Unit, Domestic Violence and Human Trafficking Unit in Colorado's 18th Judicial District.*

**#300 | Managing Change in Behavioral Health Organizations** Bd Bu

Effective change management starts with strong communication and commitment of leadership to engage staff in planning and implementation. Presenters will share strategies for managing change during a time of unprecedented transformation in community behavioral health. The session will bridge theory and practice with national and local examples of best practices and lessons learned.

***Mindy Klowden, MNM** is a national consultant, leader, and strategist. She provides overall stewardship of Third Horizon Strategies' behavioral health and community health consulting practice areas and strategy. Mindy also manages client relationships and deliverables, conducts research and policy analysis, and provides strategic consulting and expert facilitation services. Mindy has 25+ years of experience in behavioral health and healthcare policy. She earned a Master's degree in Nonprofit Management from Regis University and a Bachelor's degree in Sociology from Colorado College.*

***Victoria Romero, LPC, LAC** has dedicated 21 years to SLVBHG and provides overall leadership to the agency. Before becoming the CEO, she held many roles, including as the COO. In addition, she has worked with several grants and healthcare and community partner agencies to meet the community's needs. In addition to her time with the center, Victoria has worked in residential care and at our local community hospital for 28 years in the behavioral health field.*

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**#301 | Closing the Gap: Systems Issues Impacting Access to Services at CMHCs** Bu

Barriers to client access at CMHCs vary but are often the result of complex and onerous regulatory and contractual requirements. In this session, we will share results from a survey of CMHCs evaluating facilitators and barriers to care and discuss evidence-based approaches to address identified challenges.

***Nadia Haddad, MD** is board certified in psychiatry and addiction medicine, and Medical Director of Mental Health Partners in Boulder and Broomfield Counties. She has a passion for evaluating and improving systems and her primary focus is program development and medical oversight for acute care services including withdrawal management, crisis, transitional residential treatment, respite, MAT treatment, and IOP. She is a former faculty at Stanford University and UCLA and current Assistant Professor of Psychiatry at University of Colorado School of Medicine.*

***Michelle Gaffaney, PA-C** is a Physician Assistant at Mental Health Partners working in acute care services. She is currently an MPH Bloomberg Fellow in Addiction and Overdose at Johns Hopkins University Bloomberg School of Public Health. Michelle graduated from the University of Colorado CHA/PA program at Anschutz Medical Campus.*

**#302 | Innovative Approaches to Peer Support** Cl

We will be presenting on SummitStone Health Partner's innovative peer services program. We will dive into our robust peer service. This robust program includes 19 peers embedded in 24 different teams. We have navigated implementing co-supervision with our clinical team, and our peers in-house intentional peer support is a COPA recognized training.

***Ashleigh Jones, CPFS (shelher)** has been a Peer Support Worker for over 3 years. She is now one of 2 Peer Program Supervisors at SummitStone Health Partners. Ashleigh is also co-founder and peer advocate for Yarrow collective. During her time as a peer worker, she has found her voice as an advocate and an activist. Ashleigh has lived experience with life-interrupting substance use, childhood trauma, eating disorders, self-harm and is a suicide attempt survivor. She also has lived experience with both the foster care system and the criminal justice system. Ashleigh is passionate about peer support in its truest form: the beautiful connection between folks who are struggling and those who have had similar lived experiences.*

***Christine McCue, CAS, CPFS, ADS (shelher)** is a Peer Program Supervisor at SummitStone Health Partners. She has worked as a supervisor for 3 years with SummitStone and practiced as a peer specialist in many roles for 3 years prior at North Range Behavioral Health. Christine has lived experience in substance use, incarceration/justice system, homelessness, and use of services.*

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### Session Handouts

Download CBHC session handouts on the  
CBHC website at [www.cbhc.org](http://www.cbhc.org) after September 1, 2023



**#303 | Creating a Community Driven Crisis Response Model: A Paradigm Shift** CI

STAR: Support Team Assisted Response. We will be presenting on how STAR responds, the makeup of a STAR Team, types of calls and alternative response. The STAR community coalition was formed for coordination with the crisis side, providing culturally responsive, linguistic specific and geographic appropriate wraparound services. We will provide overall data on the STAR Community Advisory Committee (SCAC), which holds a role in guiding programming, and how the community advisory was formed, its goals, and coordination.

**Stephanie Van Jacobs, LCSW, LAC** is a Licensed Clinical Social Worker and a Licensed Addiction Counselor and is one of the supervisors on the Crisis Intervention Response Unit (CIRU). She is employed by WellPower, and specifically supervises the Support Team Assisted Response (STAR) clinicians who respond to low level 911 calls alongside Denver Health paramedics. She originally joined CIRU as a Co-Responder in 2018 during the first expansion of the team. She started with WellPower in 2015 as a Case Manager and became a Licensed Clinical Social Worker (LCSW) and Licensed Addiction Counselor (LAC) in 2017. Working in the field to support our communities is a true passion of Stephanie's. She also works at the University of Denver as an Adjunct Professor in the Graduate School of Social Work Program.

**Maria Martin, BA, MSW** is the STAR Community Services Director at Servicios de La Raza. Maria earned a Bachelor of Arts in Psychology with a minor in Social Work while also being a collegiate athlete and continued her education by obtaining a Master of Social Work from Arizona State University. In Maria's first year of receiving her MSW, she was recognized by The National Association of Social Work: Colorado Chapter as an Honoree for Outstanding Contributions to the Social Work Profession. Maria has over 10 years of experience in community-based work with many different populations and in various roles. She began her professional experience in Detroit, Michigan, where she also grew up. Prior to Maria joining Servicios de La Raza, she was a Program Director at a nonprofit organization that provided direct services to victims and survivors of human trafficking. During this time, she also served as a member of The Colorado Human Trafficking Council: Equitable Access Task Force. Maria has experience working with neurodivergent individuals, special needs, victims and survivors of human trafficking and domestic violence, complex trauma, high-risk youth, justice-involved individuals, LGBTQ+, unaccompanied minors, and undocumented individuals. She is a strong advocate for underserved and underrepresented communities and is dedicated to implementing and strengthening culturally responsive direct service programming for the Latino/Latinx community. Maria joined Servicios de La Raza in January 2023 to lead, oversee and collaborate in creating, developing, and implementing the expansion of STAR, specific to community-based services.

**Vinnie Cervantes, BA, BS** is the Director of Denver Alliance for Street Health Response (DASHR) which works to create and support community-based responses to conflict and crisis. Through DASHR, Vinnie has been instrumental in designing and launching Denver's Support Team Assisted Response (STAR), the Aurora Mobile Response Team, and Restorative Denver. Vinnie also serves on the STAR Community Advisory Committee.

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**MENTAL HEALTH**

### #304 | A Recipe for Collaboration and Care Coordination: What's the Secret Sauce of Community Engagement?



For more than four decades, NAMI has launched, scaled, and replicated evidence-based support and education programs alongside creation of more culturally competent and gap filling outreach. Providers and frontline professionals can and should know about these resources for continuing education, outreach, care, partnerships, and overall understanding of the needs of families and those living in recovery.

**Ray Merenstein, MA, BA** is Executive Director of NAMI Colorado (National Alliance on Mental Illness). In 2002, Mr. Merenstein returned to his native Denver after a decade of health care advocacy work in Washington, D.C. Over the course of the next four years, he oversaw the fundraising as Vice President of The Children's Hospital Foundation's \$250 million Imagine the Miracles comprehensive campaign. In December 2005, Ray launched RDM Communications tying his political, media and fundraising acumen into one package on behalf of government, nonprofit and corporate clients. He holds a Masters Degree in Mass Communication from the University of Florida and undergraduate from Tulane University. He has been quoted or published in the Wall Street Journal, Science, The Chronicle of Higher Education, Business Week, USA Today, Nature and numerous daily newspapers and broadcast media across the country. Ray and his wife, Ilana Steinberg are proud parents of a son and two daughters. Ray is a fan of Paddington Bear, Pittsburgh sports, and Key Lime Pie.

### #305 | Psychological Safety with a Ted Lasso Twist

Psychological Safety is an essential foundation for high functioning and innovative teams. In this session, participants will learn the 4 stages of psychological safety, how to apply them with your peers and how to increase psychological safety with clients. Ted Lasso and team will make a few cameos to help illustrate the ideas.

**Sarah Prager, LPC, LAC, ICGC-I, CDWF** is the Clinical Vice President at AllHealth Network and has been in the field for the last 19 years. Sarah is a formally trained clinician specializing in co-occurring mental health and substance use disorders, trauma and disordered gambling. Her passions include clinical education, increasing diversity, equity and inclusion in the behavioral health field, and practicing Daring leadership.

**Meli Reumann, LCSW, LAC, EMDR** is the Clinical Director of the Recovery Cooperative at AllHealth Network. She leads this specialized team of dually licensed clinicians serving clients with co-occurring mental health and substance use disorders. Meli seeks to practice servant leadership and enjoys growing emerging professionals to advocate for their clients and themselves.

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## Evaluation Drawing!

Turn in your evaluation to the CBHC registration desk and be entered to win!

Two-Night Stay at Beaver Run Resort and \$100 Visa Gift Card

### #306 | **Shaping the Future of CCBHCs in Colorado: Stakeholder Roundtable**

What could the future of CCBHCs be in Colorado? Join this interactive session to connect with national experts and Colorado colleagues about where the model can support and expand service delivery, how partnerships can be leveraged to improve care, and CCBHCs can be integrated and aligned with existing state initiatives.

**Rebecca Farley David, MPH** is the Senior Advisor, Public Policy & Special Initiatives at the National Council for Mental Wellbeing's CCBHC Success Center and leads the initiative to advance the Certified Community Behavioral Health Clinic model. This model has transformed mental health and substance use care across the nation by establishing standards for comprehensive, high-quality service delivery paired with sustainable financing. Rebecca has been part of the CCBHC movement from its inception, organizing a national advocacy movement for the initial passage of the CCBHC Medicaid demonstration and supporting the implementation and expansion of the model over time. At the helm of the CCBHC Success Center, Rebecca provides strategic guidance and support to substance use and mental health provider organizations working to adopt the CCBHC model. She delivers technical assistance to state government officials seeking to understand how to implement the model within their own unique delivery system landscapes, while educating Members of Congress on the impact of the model within their constituencies. Rebecca leads a dedicated and passionate interdisciplinary team committed to ensuring practice excellence in CCBHC settings, building partnerships across health and social service sectors, advancing public policies to support CCBHC implementation, and elevating public knowledge about this model of care through research, data collection and education. Rebecca's past work has focused on mental health and substance use parity, advancing integrated care, securing federal funding for community-based treatment, and leveraging Medicaid to improve the availability and accessibility of services.

**Brett Beckerson** is the Senior Director, Public Policy & Advocacy at the National Council for Mental Wellbeing, and has 15 years of experience working at the intersection of public health and public safety policy at local, state, and federal levels. Brett directs state-level policy and technical assistance on Certified Community Behavioral Health Clinics (CCBHCs) to ensure high-quality, affordable services for mental health and substance use needs. Prior to National Council, Brett worked at The Pew Charitable Trusts where he provided strategic guidance on Pew's work on medications for opioid use disorder (OUD), suicide prevention, and correctional healthcare. In doing this work, he drafted policy recommendations to governors and legislative leaders as well as advocated at the federal level for policy changes on topics such as behavioral health provider workforce (including peer services), health care financing reforms, and population health. Prior to his role at Pew, he led Medicaid policy reforms in states with a primary focus on justice-involved populations at the Council for a Strong America.

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## Keynote & Awards

Friday | 8:45am - 10:30am

### Escape the Burnout Trap: Three Steps to Beat Burnout and Sustain Peak Performance

*Erin Stafford, MA*



Having worked with some of the world's biggest brands, including Coca-Cola, American Express, Apple, Nike and MTV, and having surveyed and interviewed hundreds of the world's highest achievers, Erin Stafford has cracked the burnout code. She is a burnout survivor herself as well as a hyper-growth business leader and social psychologist. She draws from her distinct career to share impactful and essential mindset shifts to help leaders and their teams go from burnout and bust to sustainable peak performance. After years of uncertainty, healthcare workers and leaders are feeling tired, disillusioned, stuck and burnt out. They want a better way to succeed and stay at peak performance without the constant hustle and grind that ultimately leads them to burn out. Helping people and organizations break free from burnout is Erin's mission with every keynote. She's boiled down her years of research into three practical and easy-to-implement steps that she couples with her own burnout story to inspire audiences and give them actionable takeaways they can put to use immediately. If you want real, measurable outcomes and to feel excited, re-engaged, motivated and fired-up again, not only about your work, but your life, this session is not to be missed.

***Erin Stafford, MA | Burnout and Peak Performance Expert | Erin Stafford is a marketing guru, burnout survivor, hyper-growth business leader and social psychologist. From working with the world's highest achievers throughout her 25-year international career, being a Type A poster child herself and interviewing Olympians, start-up founders, Fortune 500 CEOs, leading researchers and celebrity coaches. Erin has seen firsthand how Type A personalities and constant over-achievement are coveted in the world of business, yet can lead to debilitating burnout. Using lessons gleaned from spending the last six years as the head of marketing for Aya Healthcare, the largest healthcare staffing company in the country, her own burnout story, and years of research, Erin shares the steps leaders must take to move from exhaustion and burnout to peak performance and thriving again, both at work and in life. Erin's insights have been called upon by The Wall Street Journal, MSN, Vogue, Vanity Fair, The Style Network, The Orange County Register and a host of global media outlets and organizations. Erin holds a Master's degree from the University of Cambridge, UK and a Bachelor's from UC Santa Barbara.***



## #400 | Colorado Mobile Crisis Response and Behavioral Health Secure Transportation Benefits

This session will review the history of the Colorado Crisis System (CCS) and provide a comprehensive overview of the expanded Mobile Crisis Response (MCR) and Behavioral Health Secure Transportation (BHST) benefits. These have been designed in collaboration between state agencies including the Colorado Department of Public Health and Environment (CDPHE) and the Behavioral Health Administration (BHA).

**Emily Holcomb, MPH** is the Mobile Crisis Response Policy Advisor for the Colorado Department of Health Care Policy & Financing (HCPF). Emily has a Bachelor's degree in Sociology and Women's Studies from Colorado State University, and a Master's of Public Health in Population Mental Health and Wellbeing from the Colorado School of Public Health. Their expertise includes population health, systems change, social determinants of health and equity, gender-based violence, quality collaboration, community engagement and facilitation.

**Meghan Morrissey, MSW, LCSW, LAC** is the Behavioral Health Secure Transportation Policy Advisor for the Colorado Department of Health Care Policy & Financing (HCPF). She is a Licensed Clinical Social Worker and Licensed Addictions Counselor with over 15 years of experience in the mental health field. She has her Bachelor's degree from Fordham University and achieved her Master's in Social Work from New York University. Her expertise includes behavioral health crisis intervention, forensic mental health, and human-animal interactions.

## #401 | Serving Children and Families Impacted by Violence Through Innovative Community Partnerships



The US Department of Justice declared the family justice center model as a best practice in the field of domestic violence intervention and prevention services. The documented outcomes have included: reduced homicides, increased victim safety, increased autonomy and empowerment for victims, and reduced fear and anxiety for victims and their children. When victims are wrapped in services and supported, we can break the cycle of violence. We spent 4.5 years planning and developing our family justice center. Our center opened in February 2021. We have over 70 community partnerships, including our local community mental health center, the Jefferson Center for Mental Health, to address the emotional and behavioral healthcare needs of our guests and their families.

**Nicole Lopez** is the Guest Services Coordinator at PorchLight, A Family Justice Center, and has worked in victim services since 2007. Nicole has worked in Sexual Assault Prevention Education, in corporate purchasing, and at the First Judicial District Attorney's Office with domestic violence victims. Nicole has now found a way to help the community and utilize her skills working with staff, community partners, interns and volunteers at PorchLight. When she is not working to end the cycle of violence, Nicole enjoys traveling around the world, and spending time with her family.

**Rebecca Smith Tucker, LPC** is a Licensed Professional Counselor with over 12 years clinical experience and is currently the Coordinator for PorchLight at Jefferson Center. Over the last 8 years, she has worked to connect Jefferson County's most vulnerable individuals through a commitment to collaboration and partnership through her experience connecting individuals in crisis to services and most recently in her role working with children and families.

**#402 | Attention-Deficit Hyperactivity Disorder in Women and Girls: Diagnostic Assessment Across Developmental and Reproductive Periods** CI

This session will educate multidisciplinary healthcare providers in the effective diagnosis of ADHD among women and girls. Topics of discussion will include trauma and gender-informed diagnostic skills, hormonal considerations for diagnosis, and diverse, equitable and inclusive diagnosis of ADHD. Clinical examples will be presented for discussion.

*Rebecca Richey, PsyD, LCSW, CAC III, MBA is the Clinical Director of Colorado Women's Collaborative Healthcare. She previously worked as an Assistant Professor in the University of Colorado's School of Medicine (CUSOM) as the Director of Behavioral Health for the Women's Integrated Services in Health Clinic. She has been a clinician for nearly 20 years and is passionate about integrated care, leadership and advocacy in psychology, and women's health. She specializes in psychological testing for women, including ADHD diagnosis.*

**#403 | Community Collaborative Response to Suicide in Veterans: An Upstream Approach** CI

In his annual review of actual deaths by suicide, the El Paso County Coroner routinely finds that relationship problems, financial struggles, substance use, chronic health problems, grief and legal problems are the most common antecedent stressors at the time of death. El Paso County has the highest rate of Veteran suicide in Colorado and has one of the highest county rates in the nation. After years of steadily increasing death rates, in 2022 the Veterans suicide rate did not increase. In fact, Veterans saw a 5% decrease in year-over-year share of all suicides. Attendees will hear how going upstream of the crisis presents many intervention points prior to a crisis happening. Using Joiner's Interpersonal Theory of Suicide, we will discuss the impact of diversion from emergency departments, corrections facilities, and reducing adverse encounters with law enforcement all contribute to this suicide mitigation approach with Veterans and their family members. Participants will learn how to develop and employ a community collaborative approach that appears to reduce suicide incidence rates in this special population.

*Damian McCabe, MSW, LCSW, LTC, US Army (Ret) is a former Lieutenant Colonel and military leader, educator, and clinician. He currently serves as the Director of Behavioral Health and Military Affairs for the UCHealth system. He is the architect and Program Director of the Next Chapter, a Colorado BHA funded community health and wellness collaborative for Veterans and their families in El Paso, Teller and Pueblo Counties. He leads a team of clinicians, project managers and care navigators who are all Veterans of the most recent 22+ years of global conflict.*

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## Session Handouts

Download CBHC session handouts on the  
CBHC website at [www.cbhc.org](http://www.cbhc.org) after September 1, 2023

**#404 | Policy is Personal: Grassroots Advocacy in Mental Health Settings** CI Ed Bu

Grassroots Advocacy in mental health has traditionally been left out of treatment settings. Though Community Mental Health Centers often create relationships with elected officials, the value of stories from our staff, clients, and community members remains underestimated and underutilized. Policy impacts every one of us. As organizations and mental health providers, we have the power to elevate these stories. This discussion will cover the reasons why grassroots advocacy is important to behavioral health, how to empower individuals in your organization for advocacy, and how you can make a difference through policy.

**Amy Lyden-Cardinal, MSW, CPFS** is a counselor, advocate, and storyteller. Fueled by their own lived experience with recovery, Amy is passionate about helping individuals, groups and organizations improve the way that mental health is talked about and treated in policy, organizations, and general society. Amy has experience as a peer specialist, speaker, clinician and advocate, with a focus on grassroots advocacy and personal empowerment. Currently, Amy is a Peer Specialist and Policy Action Network Coordinator at Jefferson Center.

**#405 | Teens and Tech: Navigating a Digital Landscape** CI Bu

Join North Range clinicians for a presentation about teens, technology, and their mental health. In this engaging talk, the team offers clinicians strategies on how to provide psycho-education for both parent and teen clients who are struggling with technology use. As technology and our lives become increasingly intertwined, teens are turning to social media to create connections and explore their sense of identity. The team encourages clinicians to help parents reframe their thoughts on their teens and tech and move towards a more nuanced understanding of their online lives. Drawing from information from leading researchers, presenters provide talking points to navigate conversations with parents. Gain a deeper understanding of how teens interact with their screens and learn how there is more than meets the eye.

**Miranda Jankowski, LPC** is a Licensed Professional Counselor in the state of Colorado. She works in community mental health with North Range Behavioral Health. Miranda went to the University of Wisconsin Stout and obtained her Master of Science in Clinical Mental Health Counseling with concentrations in Alcohol and Other Drug Abuse and Child and Adolescent Counseling. Currently Miranda works with people ages 12 and up, specializing in trauma work.

**Julia Kallis, BS** works at North Range Behavioral as a Case Manager between the Counseling Centers at Windsor and West Greeley. She graduated cum laude from Colorado State University in May 2021 and is excited to return to campus to start her Master's degree in Marriage and Family Therapy this fall. Julia is passionate about attachment-based therapy and childhood trauma, as well as somatic-based therapy.

**Ashley Oxtan, LPC, LAC** is a Licensed Professional Counselor and a Licensed Addictions Counselor in the state of Colorado. She graduated from the University of Northern Colorado in 2011 with a Master's degree in Clinician Counseling with an emphasis in Marriage and Family therapy. The last 10 years of her career have been working at North Range Behavioral Health. She has spent much of her career working with adolescents and their families as an outpatient therapist. In the last year Ashley has redirected her career to be a Program Director for the West Greeley and Windsor Counseling Centers at North Range.

#406 | Building a Culture of Equity and Inclusion in an Organization CI Bd Bu

Join us to learn some of the strategies and initiatives in which SummitStone Health Partners has invested in our commitment to diversity, equity and inclusion to better support of our increasingly diverse client populations and to recruit and retain a more diverse work force.

**Lesley Brooks, MD** is a Board-Certified Family Physician, and has practiced full-scope family medicine including prenatal care, chronic pain, and substance use disorder/addiction in northern Colorado for more than a decade. Since her transition to SummitStone Health Partners in 2020, she specializes in substance use and mental health. As the Chief of Addiction Medicine at SummitStone, Dr. Brooks leads the design, development and implementation of Larimer County's Behavioral Health Services facility, which is set to be open in 2023.

**Stephanie Madsen-Pixler, LCSW, CAS** has worked for SummitStone since 1995, moving from Case Manager to Therapist and Supervisor of numerous programs across the spectrum of services SummitStone offers. She has been instrumental in the development of the Sister Mary Alice Murphy Center for Hope, a resource center for people who are homeless, as well as our peer services and ACT teams. Stephanie represents SummitStone with Outreach Fort Collins and the Zero Suicide model.

**John McKay's** career has focused on promoting equitable outcomes for marginalized communities. His background in K-12 education brought him to recognize the increasing need for advocacy in health equity for diverse identities and cultures, and how viewing our varied communities' needs through a behavioral healthcare lens can improve outcomes for everyone. John's extensive experience and commitment to team building, systems analysis, and data-driven decision supports our staff doing their best work towards the mission of providing unsurpassed behavioral healthcare in our community.

**Kathy Sisneros, EdD** has spent the majority of her career supporting and leading diversity, equity, inclusion and justice efforts at the unit, department and institutional levels. She has a strong understanding of structural ecosystems and the ability to identify important questions, engage key stakeholders, and identify potential solutions. Kathy has experience creating and delivering a wide range of DEIJ content and experience with multicultural organizational development/change, collaboration, and creating a supportive and safe environment for valuable learning to occur and helping organizations become more inclusive.

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**#500 | Leveraging Tech to Enhance Culturally Responsive Care for Rural Youth** CI Bu

This panel will explore the utilization of technology in providing mental health services to historically under-resourced communities. The panelists, drawing on their expertise and experiences, will address the challenges and opportunities associated with delivering virtual care. Specifically, they will discuss strategies and best practices for implementing diversity, equity, and inclusion (DEI) initiatives in rural communities. Topics such as building trust with clients, tailoring services to meet rural community needs, and promoting cultural competence will be explored. The panelists, with backgrounds in mental health, telehealth, and DEI, will offer valuable insights on work in rural settings.

**Laura McArthur, PhD** is a Licensed Clinical Psychologist specializing in trauma, systems change, child and family development, multicultural psychology, and social justice. With training from the University of Colorado (CU), University of Utah (UU), and University of San Francisco (UCSF), she has extensive experience in school-based clinical services for over 10 years. Laura played a key role in the development and expansion of the UCSF Healthy Environments and Response to Trauma in Schools (HEARTS) program in Colorado. She has co-authored an article supporting the evidence for the HEARTS program in the [Journal of School Mental Health](#). As a co-founder of Resilient Futures, Dr. McArthur aims to remove barriers and promote trauma-informed equity practices in schools and agencies. Her expertise includes leadership and consultation in schools, assessments and evaluations of HEARTS and other projects, and the creation of tailored curricula.

**Ebonie Barnes, LMHC** is a multi-state, Board Certified Licensed Mental Health Counselor and TeleMental Health specialist. Her commitment to serving marginalized groups grounded her community based care and provided a bird's eye view of the barriers to equitable, high-quality, and culturally competent mental health services. Over the past 10 years, Ebonie has contributed to various news and media outlets providing consultation as a thought leader in mental health and advocacy for virtual healthcare expansion. Today, she is the Director of Mental Health for Hazel, a leading national healthcare organization, and is the co-founder of Refinery Counseling and Consulting.

**Brittany Zamora, LPC** is a seasoned Licensed Professional Counselor based in Denver with an exceptional academic background. During her time as a Child Protection Family Therapist and Supervisor, she delivered in-home therapeutic services, managed crisis interventions, implemented and directed therapists providing evidence-based programs, collaborated with a multidisciplinary team of professionals, and fostered community connections. Brittany's commitment to equitable access to care is evident in her role as a Clinical Supervisor at Hazel Health for the state of Colorado, where she assists program development, oversees a team of virtual mental health clinicians across multiple states and provides crisis intervention.

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**#501 | The Little Program that Could: Treatment of OCD and Sustaining an OCD Outpatient Program**



Treatment of OCD is highly specialized. Many OCD providers are only self-pay, which creates significant accessibility issues. The CU Anschutz OCD Program is a self-supporting program that provides affordable specialized treatment to patients. This presentation will discuss the treatment of OCD and the creative ways this program sustains itself. OCD interventions and treatment planning will be reviewed.

**Emily Hemendinger, LCSW, MPH, CPH, ACS** is Assistant Professor, Clinical Director, and DBS Coordinator with the OCD Program at the University of Colorado Anschutz Campus. Emily specializes in the treatment of OCD, anxiety disorders, and eating disorders. Emily has a background in behavioral and community health sciences, health education, and health promotion. She is dedicated to combining her mental health and public health backgrounds to increase access to affordable and inclusive specialized mental health care.

**Rachel A. Davis, MD** is Associate Professor of Psychiatry at CU Anschutz School of Medicine, Vice Chair for Clinical Affairs, and Chief of the CU Medicine Outpatient Psychiatry Practices. Dr. Davis specializes in obsessive-compulsive disorder and serves as medical director of the OCD Program and Co-Director of the OCD Surgical Program, providing deep brain stimulation therapy for treatment-resistant OCD.

**Stephanie Lehto, PsyD (she/her)** is a Licensed Psychologist in Colorado and currently is Assistant Professor at the University of Colorado Anschutz Medical Campus. Stephanie is a therapist with the OCD Program and Clinical Director of the University of Colorado Anschutz's Student and Resident Mental Health. Dr. Lehto specializes in the treatment of OCD and eating disorders.

**#502 | Creating a Lifestyle of Wellbeing: Putting Positive Psychology into Practice**



Many people are not mentally ill and yet they do not experience wellbeing. Positive mental health is not just the absence of illness, but it is the presence of positive emotions, the presence of engagement, the presence of positive relationships, the presence of meaning, and the presence of accomplishment. These five elements are known as the PERMA model, and they are the foundation to Positive Psychology. All of us can practice skills to strengthen these elements in our lives on our own journey to experience wellbeing.

**Stephen Fisher, LPC** is a Director of Clinical Services at WellPower. Steve has worked in the mental health field for 23 years providing direct service, working in quality assurance, as a clinical trainer, as a clinical program manager and currently as a clinical director. Steve is passionate about all people experiencing wellbeing. Steve believes that the combination of traditional behavioral health treatment plus positive psychology offers people the best pathway to a life of meaning, satisfaction, and wellbeing.

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## Exhibit Passport

Have each Exhibitor initial your Exhibit Passport  
in your welcome packet for a chance to win!

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**#503 | Therapeutic Preschool: An Off-Ramp From the Preschool to Prison Pipeline**

The need for greater supports for young children continues to grow and has grown exponentially since the pandemic. Our youngest children missed incredible opportunities for social-emotional development during the pandemic, which has caused some significant delays in our young children, currently aged 2-5. Come learn how our Therapeutic Preschool Program has grown and developed to aid children in their development of social and emotional skills so they can thrive and avoid jumping aboard the “preschool to prison pipeline”.

**Kristie Dorwart, LPC, NCC** began in the mental health field pre-Bachelor’s at both an inpatient hospital for behavioral health and simultaneously as a Crisis Worker at Pueblo Suicide Prevention Center. Kristie has worked in nonprofits including hospitals, Pueblo Suicide Prevention Center and in community mental health. Most recently, Director of The Family Center at Health Solutions. Kristie is trained in various therapeutic modalities, including DBT, CBT, CPP, child centered play therapy and filial play therapy. Kristie has been with Health Solutions since 2015.

**Wendy Romero, BA** joined Health Solutions as an Early Childhood Mental Health Consultant who readily assisted in many other departments. She currently supervises The Learning Tree Child Care. She accepted this position because her passion to serve children, clients and families is still ignited within her. Wendy graduated from Colorado Christian University majoring in Early Childhood Education. For leisure, she spends time with her grandchildren teaching them through experiences, exploration, and hands-on learning.

**Julie Zabolio, LPC, IMH-E®** is a program supervisor at Health Solutions Family Center. She has been a Licensed Professional Counselor for 25 years. All her work has been with children and families, with a more recent specialization in Infant and Early Childhood Mental Health. She is certified in Phase 1 of the Neurosequential Model of Therapeutics and is endorsed by the Colorado Association of Infant Mental Health as an Infant Mental Health Mentor.

**#504 | The Wild West of Withdrawal Management**

Withdrawal management (WM) is often an entryway into SUD treatment. Many communities cannot offer the range of ASAM WM options resulting in gaps, and therefore higher emergency department utilization. We will review efforts in Boulder to minimize gaps in the WM continuum through expanding medical options at our CMHC’s 3.2WM.

**Nadia Haddad, MD** is board certified in psychiatry and addiction medicine, and Medical Director of Mental Health Partners in Boulder and Broomfield Counties. She has a passion for evaluating and improving systems and her primary focus is program development and medical oversight for acute care services including withdrawal management, crisis, transitional residential treatment, respite, MAT treatment, and IOP. She is a former faculty at Stanford University and UCLA and current Assistant Professor of Psychiatry at University of Colorado School of Medicine.

**Michelle Gaffaney, PA-C** is a Physician Assistant at Mental Health Partners working in acute care services. She is currently an MPH Bloomberg Fellow in Addiction and Overdose at Johns Hopkins University Bloomberg School of Public Health. Michelle graduated from the University of Colorado CHA/PA program at Anschutz Medical Campus.

**#505 | Hoarding Disorder 101: The Reality vs. What You See on Reality TV**

CI

In this session, attendees will learn about the etiology, prevalence, severity, and diagnostic criteria of hoarding disorder. Information about assessment, diagnosis, and effective interventions will be provided. An overview of how Jefferson Center implemented services for clients with hoarding disorder will be discussed. Participants will learn more about how to effectively support clients with hoarding disorder, and resources for further learning will be provided.

*Amy Miller, LCSW has a broad range of experience in the fields of mental health and aging. Amy has specialized expertise working with older adults living with dementia, hoarding disorder, and other behavioral health conditions and their families. Amy is passionate about providing education on behavioral health topics, and has spent her career developing collaborations among community organizations. Amy currently works as the Director of Adult Outpatient Services at Jefferson Center for Mental Health.*

**#506 | Board Member Only Session | Behavioral Health Reform in Colorado: What You Need to Know**

Bd

Over the past several years, Colorado has embarked on a journey to completely transform its behavioral health system. Several of the most significant changes are due to take effect in 2024 and 2025. Join the CBHC policy team to understand what changes are coming and how to position your organization not just to adapt but to thrive.

*Frank Cornelia, MS, LPC (See speaker bio page 27)*

*Edie Sonn, MPP (See speaker bio page 27)*

**#600 | Exploring New Horizons: Ethical & Practical Uses of ChatGPT / Generative AI**

Bu

As the behavioral healthcare industry continues to grow and evolve, it's important for organizations to adapt and adopt new technologies that can help them stay competitive and efficient. This presentation will showcase the innovative ways that ChatGPT can be used to improve business processes, including process documentation, SQL and C# coding, and content creation in the behavioral healthcare industry.

*Cody Campbell, BS is a highly skilled Business Intelligence Report Developer at North Range Behavioral Health. With a diverse business background, he has focused his expertise on robotic process automation to deliver innovative and effective data-driven solutions. Cody's contributions have been instrumental in supporting the organization's CCBHC, Crisis Services, and organizational mission to improve patient outcomes and operational efficiency.*

*Eric Sagel, BA has been with North Range Behavioral Health for 23 years in both a Clinical and Electronic Health Record (EHR)/Data Analyst/Report Developer capacity. He is currently the CCBHC Evaluator for North Range focusing on data collection and reporting, as well as process automation.*

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### #601 | Building Connection and Leadership Opportunities: Lessons Learned From Implementing an Inclusive Mentorship Initiative within a Community Mental Health Center

This presentation will present strategies for implementing an inclusive mentorship program. Mentorship programs can offer staff support, pathways to leadership and promote wellbeing practices. Presenters will share how this was implemented within a community mental health center and offer suggestions for others looking to share this practice with their organizations.

**Tiffany Erspamer, PsyD, LP** is a Licensed Clinical Psychologist who currently serves as the Director of Student Training and Clinical Supervision at Aurora Mental Health and Recovery. Her career has focused on suicide prevention efforts with youth across the state of Colorado and supporting behavioral health workforce training and supervision. She is passionate about supporting marginalized and underserved communities and has a background in implementing dialectical behavioral therapy with youth and families.

**Amber Olson, PhD, LP** is a Licensed Clinical Psychologist who currently serves as the Director of Outpatient and School-Based Services at Aurora Mental Health and Recovery. Her clinical areas of expertise are in thanatology and integrated healthcare, and she is passionate about supervision and training, measurement-based care, and creating inclusive and affirming LGBTQ+ work and clinical spaces.

### #602 | Expanding Access: Why TMS is Critical to Diverse Mental Health Care



This presentation will address the critical need for diverse and inclusive mental health treatments, with a particular focus on transcranial magnetic stimulation (TMS). Through a comprehensive overview of mental health access disparities and challenges, the presentation will highlight the importance of dismantling barriers to care and promoting equitable outcomes for all. The role of TMS as a non-invasive treatment option that can be tailored to meet the unique needs of diverse populations will be discussed, along with evidence-based research on its effectiveness. By prioritizing culturally sensitive and holistic approaches, this presentation aims to inspire action towards expanding access to diverse mental health care.

**Christopher Perez, APRN-CRNA** is an experienced CRNA. He spent many years caring for kids as a pediatric CRNA in Colorado and in Peru during annual medical mission trips. Chris worked in a community access hospital ICU before entering the anesthesia profession. Chris's passion for helping others drove him to take his interest in anesthesia and mental health to co-found Axis Integrated Mental Health. He decided he wanted to help increase the availability of mental health services to Aurora, Westminster, and the Denver metro area. As a part of this, he chose to build Axis as a center of excellence for difficult-to-treat depression, anxiety, PTSD, OCD, bipolar, and other mental health conditions. To do this, Chris developed his knowledge and understanding of ketamine (Spravato) and TMS treatments. These treatments are covered by most insurances and offering these treatments increases the availability of care to patients that need them. Chris's expertise in Ketamine and TMS is invaluable in providing these treatment options to patients when other mental health treatment options fail them.

 Clinical  Board  Business/Upper Management

### 603 | What Your Executive Team Needs to Know About CyberSecurity

Bu

Ensuring data security in healthcare is critical for privacy and effectively offering digital services. So, what happens when your data systems are hacked? What is the way forward, and can you mitigate the potential damages? Hear from organizations that have experienced this and lived to talk about it. Understand how hacking can happen to anyone and what actions to take if this happens at your organization, as well as proactive measures to protect your organization from being hacked. Learn about creating a data security plan, data hacking risks and solutions, examples from organizations that managed data hacks and actions taken to prevent them.

*Andrew Bronson is the Vice President of Information Services and Chief Information Officer, Mental Health Partners. He graduated from University of New Hampshire with a degree in Electrical Engineering Systems. He has over 25 years of experience within software engineering, infrastructure and client management.*

*Kevin Light is the CFO of Diversus, oversees the Financial Operations at Diversus Health and in his leadership capacity, provides timely and accurate financial information to guide the company's financial strategy and positioning. Additionally, Mr. Light's responsibilities include the protection of Diversus Health assets and allocating appropriate resources to meet the Diversus health mission, vision, and strategic initiatives.*

### #604 | Colorado's Next Steps in Behavioral Data Collection and Collaboration

Bu CI

The Behavioral Health Administration will review current and planned objectives for data collection and collaboration in Colorado's behavioral health space.

*Richard Rowley serves as the Chief Data Analytics Officer for the State of Colorado's Behavioral Health Administration. In this role, he works to break down data silos between state programs and medical teams to improve patient outcomes. Rick is an accomplished healthcare operations and strategy professional with over 12 years of experience in the industry.*

### #605 | ACT - Assertive Community Treatment: The Evidence-Based Practice That Travels Well | \*90 Minute Session

CI

Assertive Community Treatment (ACT) is a team-based intervention that targets clients who have severe mental illness and have not been able to succeed in traditional outpatient settings. The ACT therapist, case manager, and peer recovery coach literally meet the client where they are in the community 80% of the time. These 5 community mental health centers have ACT teams that are high fidelity, yet they are all uniquely different. This flexible evidence-based practice is effective in urban, rural and frontier settings. The impacts of this work can be profound for clients, healthcare and legal systems, and the community.

*Rhonda Hornsby, MSW, LCSW currently works at Jefferson Center of Mental Health as an ACT (Assertive Community Treatment) Coordinator in Lakewood Colorado. Rhonda was born and raised in Wyoming and attended the University of Wyoming where she earned Bachelor's and Master's degrees in Social Work. She also has a certification/Master's in Early Intervention. She has been blessed to have worked and lived in California, Nevada, Montana, and Colorado. Rhonda has provided numerous presentations and training courses in all her positions over the past 31 years. Her goal is to learn, teach, role model and inspire others daily.*

**#605 | ACT - Assertive Community Treatment** *(Speaker bios continued)*

**Teah Miller, MBA, LPC** is the Vice President of Specialty Services at Health Solutions for Pueblo, Huerfano, and Las Animas County. Specialty Services at Health Solutions include a Mobile Crisis Response Team, an eight-bed Respite program, a 15-bed Acute Treatment Unit, a Drop-in Peer Support Center, and an Assertive Community Treatment Program. Teah also facilitates the Pueblo County Regional Continuum of Care. The Balance of State Continuum of Care was established to assist rural Colorado communities in applying for US Department of Housing and Urban Development funding. Teah values helping others in the Pueblo community through her work at Health Solutions and various volunteer work. Teah moved to Pueblo, Colorado, to attend college at Colorado State University-Pueblo. Teah loved everything about Pueblo, so she made this city her home.

**Diamond Mobbley, LPC, CAS** has been employed with San Luis Valley Behavioral Health Group for more than 10 years and has a long work history in the fields of behavioral health and psychology. Mr. Mobbley was born in Canada and moved to the United States as a child. He has been a resident of Colorado for nearly 4 decades. In that time, he has held various supervisory roles in each place he has worked. Some of the highlights in his work history are: Faculty Senate President and Division Chair of Psychology at Trinidad State College, Assistant Director at Youthtrack, and Clinical Director of Intensive Services at SLVBHG.

**Lisa Traudt, MS, LMFT** is the Clinical Program Manager of two ACT teams at AllHealth Network based out of Littleton Colorado. The two teams treat close to 90 unique clients at any given time. Lisa has been a leader in the Mental Health field for over 20 years serving in roles of clinical manager and director in the areas of quality improvement, managed care, compliance, training and education. Lisa was born and raised in Wyoming receiving a Bachelor's degree in childhood development from the University of Wyoming. She received her Master of Science from Kansas State University. Lisa has lived in Colorado since 1994 and is deeply engaged in the work of community mental health.

**Consuelo Villalvilla, MA, LPC-S, LAC** earned her Master of Arts degree in Community Counseling from the University of Northern Colorado in 2006. With 17 years of experience in the behavioral health field, Consuelo is dually licensed in Colorado as a Licensed Professional Counselor (LPC) and Licensed Addictions Counselor (LAC) and has been the Program Coordinator for the Assertive Community Treatment (ACT) team at North Range Behavioral Health for over 9 years. Consuelo has experience working with children, adults, families and has an additional focus on working with the Assertive Community Treatment Model.

**Saturday | Sessions & Speakers****#700 | Mental Health in the Workplace: US Surgeon General Framework**   

Work is a vital part of life that can vastly impact a person's physical and mental health. When employers, supervisors and organizations foster positive working environments individuals and organizations thrive. In this presentation, attendees will learn the basic concepts behind promoting mental health in the workplace using the US Surgeon General's framework for Workplace Mental Health and Wellbeing (2022). Attendees will learn how organizations benefit by supporting specific basic human needs and why it's so important. By the end, attendees will have an abundance of ideas and strategies on how to support employees' mental health and strengthen their organization. Whether you are a CEO or a new employee, participating in this course will give you the knowledge and framework to advocate for mental health needs in the workplace. Participants will engage in collaborative learning conversations, and group activities to promote understanding and application of topics.

#700 | Mental Health in the Workplace (Speaker bios continued)



**Sandy Black, LPC** is passionate about helping people see what's possible in their life. She works from a cognitive behavior therapy (CBT) perspective to help change unhelpful thinking and behaviors which lead to improvements in mood and functioning. After more than 25 years helping organizations utilize technology to improve performance, Sandy draws on this experience to provide workplace mental health services to local business employees. She understands the demands and challenges of excelling in corporate America while striving to have a meaningful and fulfilling personal life.

**Erin Knudson, NBC-HWC** is a National Board-Certified Health and Wellness Coach at Centered. She obtained her certification from the Mayo Clinic after spending two decades as a Licensed Marriage and Family Therapist prior to 2020. She changed careers following lived experiences with a life-threatening genetic blood mutation, breast cancer, and a diagnosis of celiac disease. Erin resourcefully links physical and behavioral health and is passionate about preventing disease and promoting vitality with her coaching clients.

**Kylie Slavek, LPC** is a Therapist and Mental Health Educator at Centered who develops mental health and wellness classes to support and promote mental health in the workplace. She has a Master of Science in Clinical Mental Health and provides individual therapy to working adults. Kylie is passionate about helping clients build insight and develop skills to overcome challenges. She artfully combines mindfulness, CBT, and neuroscience to help clients shift perspective and live with ease.

**Chelsea Vibert, LPC** has over a decade of community mental health experience, providing individual, group, and family therapy, as well as professional development support. Rooted in her work with FEMA on Crisis Counseling Programs in response to COVID-19, Chelsea specializes in trauma-based treatments, including eye movement and desensitization and reprocessing (EMDR) and trauma-focused cognitive behavioral therapy (TF-CBT). Chelsea believes every individual deserves to be seen, supported, and encouraged throughout their lives. She understands the role employers increasingly have in this process and is proud to partner with businesses to foster healthy, strong work environments.

#701 | Walking the Happy Path: A Road Map to a Successful Competency Restoration Program 

This session will take a deep dive into strategies and tools to assist providers, their supervisors, and their leadership in creating a sustainable, integrated, and successful restoration program that serves individuals during their competency restoration and beyond. Based on best practice, this session will teach skills, address barriers, present successful programming, and walk the happy path of what a successful restoration in the community looks like.

**Kathryn Davis, LPC** is the Director of Outpatient Restoration, a statewide program serving adults and juveniles. This program was implemented in 2018 for the former Office of Behavioral Health to assist in addressing the growing competency crisis. In 5 short years, Colorado's Outpatient Restoration Program has grown to be the largest statewide program in the country providing innovative, community-based solutions for individuals needing competency restoration and other services in their own communities. Kathryn consults and presents nationwide about community-based restoration, helping educate and guide other states as they create their own programs. Kathryn holds a Master's degree in Counseling Psychology and Counselor Education from the University of Colorado—Denver and a Bachelor of Science in Psychology from Regis University.



**#701 | Walking the Happy Path** *(Speaker bios continued)*

**Dolores Duran, LSW, LAC** holds a Bachelor of Science in Psychology and a Master of Social Work. She is dually licensed in social work and addiction counseling. Dolores' professional and volunteer background includes work in youth mentorship, community mental health, school social work, public defense mitigation, serving on a public health advisory board and other community-led initiatives with an emphasis on improving services and programming for youth and adults impacted by the criminal justice system. Currently, Dolores works as a Program Coordinator for Outpatient Restoration within the Office of Civil and Forensic Mental Health. This role encompasses liaising between the court systems and community partnerships, and contract oversight of those who provide outpatient restoration services within Colorado.

**Tara Rienow, MA** received her Master's degree in Clinical Mental Health Counseling. Tara currently works with the Office of Civil and Forensic Health as a program coordinator for outpatient restoration. Tara has worked in the cross section of criminal justice and behavioral health for over 15 years. She has worked as a Court Coordinator in treatment courts, a Probation Officer, and currently worked as a faculty member for the National Association of Drug Court Professionals. Her training and experience allow her to assess program fidelity to best practice standards and conduct ongoing program evaluation

**Jody Whitright, MA** works as a Program Coordinator for the State of Colorado with the Office of Civil and Forensic Mental Health overseeing the contracts of providers facilitating restoration services for individuals involved in the Colorado competency system and serving as a liaison between providers and court stakeholders. She is also the HIPAA Liaison for Forensic Services. She worked as a Probation Officer for 4 years overseeing individuals adjudicated of DUI's, multiple DUI's, theft, and domestic violence. Jody has a Master's degree in Criminal Justice and a Bachelor's degree in Psychology.

**#702 | Expanding the JEDI Horizon with Cultural Humility**

A cultural humility framework (Tervalon & Murray-Garcia, 1997) proposes that cultural competence in healthcare practitioner training is less an end goal and more a lifelong process of critical self-reflection and self-critique, with attention to the ways in which power imbalances between practitioners and clients impact communication, care, and relationships. As a dynamic process, cultural humility requires mutual respect and care at individual and community levels. In this interactive session, participants and presenters will engage in dialogue about and practice utilizing a cultural humility framework in scenario and role-playing activities, with the goal of expanding beyond cultural competence into a justice, equity, diversity, and inclusion (JEDI)-oriented framework for achieving health equity mindedness and action.

**Sara D. Anderson, MSW** (she/her) graduated from Washington University in St. Louis with a concentration in Educational Equity and Management. She currently serves as the Vice-President of Justice, Equity, Diversity, and Inclusion (JEDI) at Mental Health Partners of Colorado. When not immersed in topics around systemic inequities, Sara enjoys spending time with family and friends.

**Kat Martinez, PhD** (they/them) served as an Associate Professor of Gender, Women, and Sexuality Studies at Metropolitan State University of Denver for 7 years and then as an Assistant Dean of Diversity, Equity, and Inclusion at the University of Arizona for 1.5 years. Currently, Kat creates JEDI curriculum and facilitates trainings at Mental Health Partners of Colorado. Kat enjoys reading critical science-fiction and late-night dancing.

# Exhibit Passport

Have each Exhibitor initial their logo on the Exhibit Passport in your welcome packet for a chance to win!

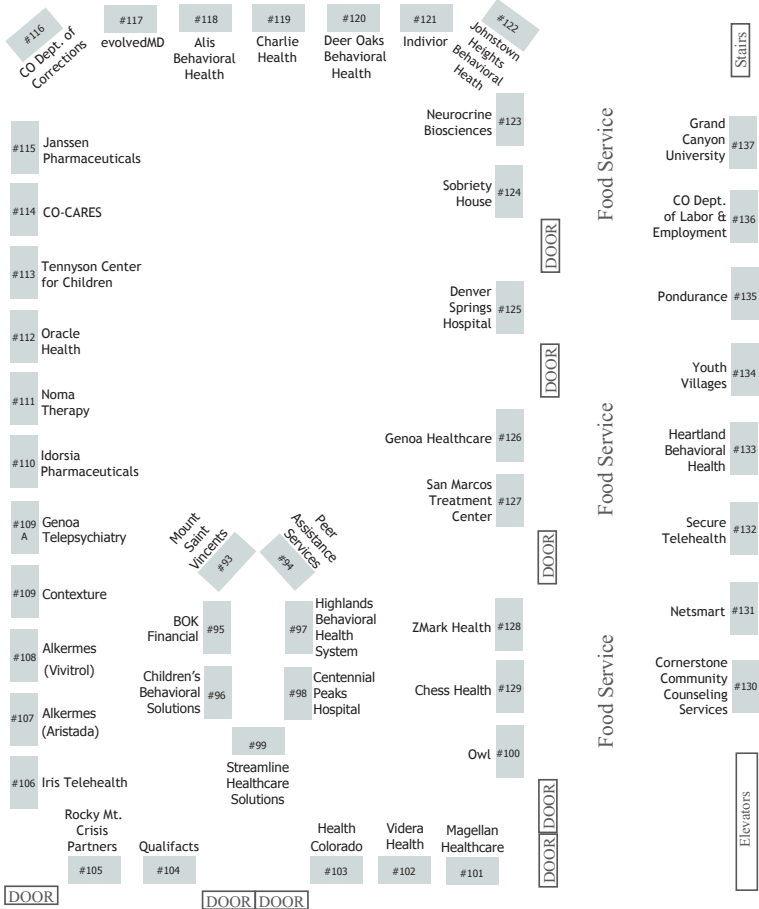
**Two-Nights at Beaver Run Resort and \$100 Visa Gift Card**

Be sure to include your name and email address on the passport and turn it into the CBHC Registration Desk.





## Exhibit Hall | (Colorado Ballroom)



## Food Service Times and Locations

(See Schedule for Coffee Breaks)

Thursday | 7:45am - 8:45am | Breakfast in Exhibit Hall

Thursday | 12:00pm - 1:30pm | Lunch in Exhibit Hall

Friday | 7:45am - 8:45am | Breakfast in Exhibit Hall

Friday | 12:00pm - 1:30pm | Lunch in Exhibit Hall

Saturday | 7:00am - 8:00am | Breakfast in Exhibit Hall

# Thank You to Our Partners in Education!



Twitter: @CBHC\_News | #CBHC23Conf

Tweet about your conference experience!



#118 | Alis Behavioral Health | 1325 S. Colorado Blvd., Suite B705, Denver, CO 80222 | 888.528.3860  
[www.alisbh.com](http://www.alisbh.com)

Alis Behavioral Health is a leading adolescent Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP) for adolescents ages 11-17 who are dealing with mental health struggles such as anxiety, depression, self-harm, and suicidal ideation. Alis Behavioral Health provides quality clinical care and is located in Denver, Colorado.



#107 | Alkermes Inc. (Aristada)  
#108 | Alkermes Inc. (Vivitrol)  
*Sponsor of Breakfasts* | 852 Winter St., Waltham, MA 02451 | 720.355.3938  
[www.alkermes.com](http://www.alkermes.com)

Alkermes is a global biopharmaceutical company developing innovative medicines for the treatment of central nervous system (CNS) diseases. The company has a diversified commercial product portfolio and a substantial clinical pipeline of product candidates for chronic diseases that include schizophrenia, depression, addiction, and multiple sclerosis.



**American  
Foundation  
for Suicide  
Prevention**

Colorado Chapter

**American Foundation for Suicide Prevention**  
*Sponsor of Mental Health First Aid Awards*  
8200 S. Quebec St., A3207, Centennial, CO 80112 | 720.948.8233 | [www.afsp.org/colorado](http://www.afsp.org/colorado)

The American Foundation for Suicide Prevention is

dedicated to saving lives and bringing hope to those affected by suicide. AFSP creates a culture that's smart about mental health through education and community programs, develops suicide prevention through research and advocacy, and provides support for those affected by suicide.



#95 | BOK Financial | 4582 S. Ulster St., Suite 100, Denver, CO 80237 | 720.264.5652 | [www.bokfinancial.com](http://www.bokfinancial.com)

At BOK Financial, we help individuals, families and businesses create a better financial future. BOK Financial is a top 25 US based bank with more than \$46 billion in assets. We provide banking, treasury services, wealth management, investments, risk management, employee benefits, international services and capital markets.



#98 | Centennial Peaks Hospital | 2255 S. 88th St., Louisville, CO 80027 | 303.673.9990  
[www.centennialpeaks.com](http://www.centennialpeaks.com)

At Centennial Peaks Hospital, your health is our priority. We treat a wide range of disorders and conditions related to your mental wellbeing. Our behavioral health hospital, located in Louisville Colorado, strives to deliver excellent service while keeping your needs, goals, and wellness in mind.



**charlie health** #119 | **Charlie Health | (VIRTUAL) 233 E. Main St., Suite 401, Bozeman, MT 59715 | 866.491.5196**  
[www.charliehealth.com](http://www.charliehealth.com)

Charlie Health offers a virtual mental health and SUD intensive outpatient program for adolescents and young adults ages 11-33. There is no waitlist for our trauma-informed IOP program and we work with all insurance including Commercial, Medicaid, and Tricare.



**CHESS HEALTH** #129 | **CHESS Health | 333 W. Commercial St., Suite 2500, E. Rochester, NY 14446 | 844.MY.CHESS**  
[www.chess.health](http://www.chess.health)

CHESS Health is the leading provider of evidence-based digital health solutions addressing the individual and societal crisis of substance use disorder (SUD). Solutions are offered through partnerships with healthcare providers, community organizations, state and local government, and health plans, and are proven to help more individuals enter treatment, improve patient retention, reduce the risk of relapse, and lower the overall cost of care.



#96 | **Children's Behavioral Solutions (CBS) | 6100 Tower Circle, Suite 1000, Franklin, TN 37067**  
**855.526.8222 | [www.acadiahealthcare.com/cbs](http://www.acadiahealthcare.com/cbs)**

Acadia Healthcare's Children's Behavioral Solutions (CBS) works with families free of charge to connect children and adolescents with personalized treatment for mental health and substance use disorders. As a complimentary resource for therapists, agencies, and social workers, CBS ensures each child has the resources they need to achieve the best treatment outcome possible.



**Citywide Banks, a Division of HTLF | Sponsor of Session #603 | 1800 Larimer St., Suite 200, Denver, CO 80202 | 303.365.4022 | [www.citywidebanks.com](http://www.citywidebanks.com)**

At Citywide Banks, a division of HTLF Bank, decision-making is done locally with your business top of mind. With over \$20 billion in assets and a national outreach, HTLF powers us with technology, efficiency and strength, allowing us to offer you a local banking experience and the scale you need to grow. We're here for you, however big your needs may be.



**CO-CARES**  
 Colorado Alliance for Resilient & Equitable Systems  
 Serving the Health Care Workforce

#114 | **CO-CARES | 1890 N. Revere Court, Aurora, CO 80045 | 303.724.6327 | [www.co-cares.org](http://www.co-cares.org)**

CO-CARES (Colorado Alliance for Resilient and Equitable Systems) serves the healthcare and public health workforce. CDPHE launched the CO-CARES Initiative to support people who helped Colorado through the pandemic. Our goal is to connect healthcare and public health workers with the resources they need for their wellbeing and resilience.



**Colorado Access | Sponsor of Networking Reception | 11100 E. Bethany Drive, Aurora, CO 80014 | 800.511.5010 | [www.coaccess.com](http://www.coaccess.com)**

Colorado Access is a nonprofit organization that works beyond just navigating health services. As the state's largest and most experienced public sector health plan, the company finds itself at the intersection between public health and clinical health outcomes to empower people through access to quality, equitable, and affordable care. Colorado Access is committed to advancing meaningful, measurable improvements in delivering healthcare to improve the lives and whole-person health of members with Health First Colorado (Colorado's Medicaid program) and Child Health Plan Plus (CHP+) in the counties they serve. Learn more at [coaccess.com](http://coaccess.com).



**#116 | Colorado Department of Corrections  
1250 Academy Park Loop, Colorado Springs, CO 80910  
719.226.4991 | [www.cdcc.colorado.gov](http://www.cdcc.colorado.gov)**

Our mission is to provide essential quality healthcare services and programs that promote effective offender management and successful re-entry into the community. Our vision is to be recognized nationally as a leader in the delivery of quality correctional healthcare.



**COLORADO**  
Family and Medical Leave  
Insurance Program (FAMLI)  
Department of Labor and Employment

**#136 | Colorado Division of Family and Medical Leave  
Insurance (CDLE) | 633 17th St., Suite 900, Denver, CO  
80202 | 866.CO.FAMLI | [www.famli.colorado.gov](http://www.famli.colorado.gov)**

Colorado voters approved Proposition 118 in November of 2020, paving the way for a state-run Paid Family and Medical Leave Insurance (FAMLI) program. The FAMLI program will ensure all Colorado workers have access to paid leave in order to take care of themselves or their family during life circumstances that pull them away from their jobs — like growing their family or taking care of a loved one with a serious health condition.



**contexture**  
Creating connections. Improving lives.

**#109 | Contexture | 2000 S. Colorado Blvd., Tower 1,  
Suite 12,000, Denver, CO 80222 | 844.279.7120  
[www.contexture.org](http://www.contexture.org)**

Contexture is a nonprofit, regional organization that provides strategic, technical and administrative support to communities committed to advancing health through information sharing. Our mission is to advance individual and community health and wellness through the delivery of actionable information and analysis. Learn more at [contexture.org](http://contexture.org).



**CORNERSTONE PROGRAMS**  
COMMUNITY COUNSELING  
SERVICES

**#130 | Cornerstone Community Counseling Services  
6535 S. Dayton St., Suite 2900, Greenwood Village,  
CO 80111 | 720.895.1000 | [www.cornerstoneprograms.com](http://www.cornerstoneprograms.com)**

Cornerstone Programs has offered services for at-risk youth since 1998. We added our Community Counseling Services program in 2021, offering prevention services for children, youth and families through Intensive In-Home Services. Our treatment teams serve families with children and youth ages 3-17 who are struggling with serious emotional challenges.



**DEER OAKS**  
THE BEHAVIORAL HEALTH SOLUTION

**#120 | Deer Oaks Behavioral Health | 126 E. Main Plaza  
San Antonio, TX 78205 | 832.358.4501  
[www.deeroaks.com](http://www.deeroaks.com)**

Our team is composed of Psychologists and Licensed Clinical Social Workers providing psychotherapy and board-certified Geriatric Psychiatrist and Advanced Practice Clinicians providing psychiatry services. We pride ourselves on our exceptional clinical leadership and expertise in geriatric behavioral health.



**Denver Springs**

**#125 | Denver Springs Hospital | 8835 American Way,  
Englewood, CO 80112 | 720.643.4300  
[www.denversprings.com](http://www.denversprings.com)**


Denver Springs is a behavioral health hospital that provides inpatient and outpatient programming for those facing mental health and addiction challenges. Our programs offer caring, compassionate treatment for children, adolescents, adults, and seniors, as well as specialized programming for active-duty military, veterans, first responders, and other high-risk front-line professionals.

 **evolvedMD** #117 | **evolvedMD** | 1375 N. Scottsdale Road, Suite 200, Scottsdale, AZ 85257 | 480.528.4719  
[www.evolvedMD.com](http://www.evolvedMD.com)


evolvedMD leads the integration of behavioral health services in modern primary care. Uniquely upfront and ongoing, our distinctive model not only places, but embeds, behavioral health specialists on-site at your practice that allows for immediate collaborative care. We offer an economically viable and innovative way to integrate behavioral health that ultimately drives improved patient outcomes.

 **Footprints to Recovery** | 6505 S. Paris St., Centennial, CO 80111 | 720.955.3241 | [www.footprintstorecovery.com](http://www.footprintstorecovery.com)

Located in Centennial, Colorado, Footprints to Recovery offers primary Substance Use Disorder treatment services designed to help support adults throughout their recovery journey. We offer the full spectrum of care including detox, residential, PHP, IOP and OP services. In addition, we provide MAT services and work with community partners who provide sober living housing.

 **Genoa Healthcare**® #126 | **Genoa Healthcare** | 707 S. Grady Way, Renton, WA 98057 | 888.436.6279 | [www.genoahealthcare.com](http://www.genoahealthcare.com)

Genoa Healthcare® is the largest provider of behavioral health pharmacy and medication management services for individuals with behavioral health and other complex, chronic health conditions in the US We are dedicated to improving the lives of these individuals, and that dedication has not wavered in 20 years.

 **Genoa Telepsychiatry** | 1 Penn Plaza, 8th floor, New York, NY 10019 | 812.202.7011  
[www.genoatelepsychiatry.optum.com](http://www.genoatelepsychiatry.optum.com)

At Genoa Telepsychiatry we increase access to behavioral healthcare for those in need by building telepsychiatry programs that connect members with psychiatrists, APRNs, and LCSWs remotely. Genoa Telepsychiatry is a leading outpatient telepsychiatry community with programs in over 35 states providing nearly 350,000+ appointments annually.

  
**GRAND CANYON UNIVERSITY** #137 | **Grand Canyon University** | 3300 W. Camelback Road, Phoenix, AZ 85017 | 970.250.2476  
[www.gcu.edu/c/jenni.zimmer](http://www.gcu.edu/c/jenni.zimmer)

Grand Canyon University is Arizona's premier, private Christian university committed to delivering affordable, transformative higher education. GCU's nine colleges offer 270 academic programs, including 200 online academic programs, for traditional students and working professionals. Students may learn on GCU's vibrant campus or as part of a dynamic online learning community. Find your purpose at [gcu.edu](http://gcu.edu).

 **HEALTH COLORADO** #103 | **Health Colorado, Inc.**  
*Sponsor of Networking Reception*  
1740 Eagleridge Blvd., Suite 110, Pueblo, CO 81008 | 719.621.9500  
[www.healthcoloradorae.com](http://www.healthcoloradorae.com)

**Your Connection to Complete Health Care**

Health Colorado's purpose is to improve member health, wellness, and life outcomes. Promote member choice and engagement. Join physical and behavioral health benefits. Strengthen coordination of services through team-based care and health neighborhoods. Provide cost-effective healthcare services that deliver outcomes, and pay providers for the increased value they deliver for our members.

**H HEARTLAND** #133 | Heartland Behavioral Health | 1500 W. Ashland,  
BEHAVIORAL HEALTH Nevada, MO 64772 | 800.654.9605  
[www.heartlandbehavioral.com](http://www.heartlandbehavioral.com)

Heartland Behavioral Health is the leading pediatric behavioral hospital in the Midwest. Located in Nevada, Missouri, we have provided exceptional quality acute and residential care for youth for over 100 years. Heartland's clinical and behavioral health specialists fully embrace evidence-based therapeutic modalities while keeping the utmost commitment to trauma informed care.



#97 | Highlands Behavioral Health System | 8565  
Poplar Way, Littleton, CO 80130 | 720.348.2800  
[www.highlandsbhs.com](http://www.highlandsbhs.com)

Highlands Behavioral Health System offers a secure and nurturing environment for individuals seeking hope and healing from emotional, psychiatric and addictive behavioral health challenges. Our mission is to empower our patients as they navigate their journey from crisis to wellness.



#110 | Idorsia Pharmaceuticals | *Sponsor of Lunch* | One Radnor Corporate Center, Suite 101, Radnor, PA 19087 | 888.971.7050  
[www.idorsia.us](http://www.idorsia.us)

The purpose of Idorsia is to discover, develop and bring more innovative medicines to patients. We have more ideas, we see more opportunities and we want to help more patients.



**INDIVIOR**

Indivior (Sublocade) | *WiFi Lounge Sponsor*  
#121 | Indivior (Perseris) Exhibitor  
10710 Midlothian Turnpike, N. Chesterfield, VA 23235 | 804.379.1090 | [www.indivior.com](http://www.indivior.com)

Indivior is a global pharmaceutical company working to help change patients' lives by developing medicines to treat substance use disorders (SUD) and serious mental illnesses. Our vision is that all patients around the world will have access to evidence-based treatment for the chronic conditions and co-occurring disorders of SUD.



**iris telehealth**

#106 | Iris Telehealth | 114 W. 7th St., Austin, TX 78701 | 888.285.2269 | [www.iristelehealth.com](http://www.iristelehealth.com)

Iris Telehealth is a leading provider of telepsychiatry services for community mental health centers, community health centers, hospitals, and health systems across the US. We strive to deliver clinically sound and financially sustainable telepsychiatry in order to help our partners meet their behavioral health goals and save their communities.



#115 | Janssen Pharmaceuticals Inc. | 1125 Trenton-Harbourton Road, Titusville, NJ 08560

1-800-JANSSEN (1-800-526-7736) | [www.janssen.com/us](http://www.janssen.com/us)

Our mission is to reduce the burden, disability and devastation caused by serious neuropsychiatric and neurodegenerative diseases.



#122 | Johnstown Heights Behavioral Health | 4770 Larimer Pkwy., Johnstown, CO 80534 | 800.313.3387  
[www.johnstownheights.com](http://www.johnstownheights.com)

We have a vision of providing compassionate care to those struggling with mental health issues. At Johnstown Heights, we have built our behavioral health philosophy on values we hold dear: honesty, competence, perseverance, passion, respect, and teamwork. We see our clients as unique individuals who are committed to their own growth and wellbeing.



# Magellan HEALTHCARE®

#101 | **Magellan Healthcare**  
*Sponsor of Networking Reception*  
6303 Cowboys Way, Suite 350, Frisco,  
TX 75034 | 610.814.8011  
[www.magellanhealthcare.com](http://www.magellanhealthcare.com)

Magellan has been offering evidence-based innovations for mental health and wellbeing, including complex mental health conditions, for adults and youth. Magellan Healthcare and its subsidiaries serve commercial health plans, employers, state and local governments, and the federal government, including the Department of Defense.



#93 | **Mount Saint Vincent** | 4159 Lowell Blvd., Denver,  
CO 80211 | 303.458.7220 | [www.msvhome.org](http://www.msvhome.org)

We partner with children and families so they can heal beyond trauma into a healthy and hopeful future. Our continuum of care includes: Preschool earning 5/5 stars from quality rating agency Colorado Shines; Pediatric Behavioral Healthcare offering outpatient, telehealth and in-home therapies as well as day treatment and education; Foster Care providing training, certification and 24/7 support.



**Netsmart**

#131 | **Netsmart Technologies, Inc.** | 11100 Nall Ave.,  
Overland Park, KS 66211 | 800.842.1973  
[www.ntst.com](http://www.ntst.com)

Netsmart is an Overland Park, Kansas-based SaaS company that designs, builds and delivers electronic health records, health information exchanges, analytics, care coordination and telehealth solutions and services for the human services, post-acute and payer communities.



**NEUROCRINE**  
BIOSCIENCES

You Deserve *Brain Science*™

#123 | **Neurocrine Biosciences** | 12780 El Camino Real,  
San Diego, CA 92130 | 858.617.7600  
[www.neurocrine.com](http://www.neurocrine.com)

Neurocrine Biosciences is a neuroscience-focused, biopharmaceutical company with a simple purpose: to relieve suffering for people with great needs but few options. We are dedicated to discovering and developing life-changing treatments for patients with under-addressed neurological, neuroendocrine and neuropsychiatric disorders. The company's diverse portfolio includes four FDA-approved treatments, as well as over a dozen mid-to-late-stage clinical programs in multiple therapeutic areas. For three decades, we have applied our unique insight into neuroscience and the interconnections between brain and body systems to treat complex conditions. We relentlessly pursue medicines to ease the burden of debilitating diseases and disorders, because you deserve brave science.



**NextGen Healthcare Inc.** | *Sponsor of  
Keynote Thursday* | 18111 Von  
Karman Ave. Suite 600, Irvine, CA,  
92612 | 855.510.6398  
[www.nextgen.com/markets/specialties/  
behavioral-health](http://www.nextgen.com/markets/specialties/behavioral-health)

NextGen Healthcare offers a complete and comprehensive enterprise solution that pushes the boundaries of whole-person care, by integrating behavioral, physical, and oral health with I/DD and human services. The solution extends beyond a classic clinical setting with social and human services solutions to support complex and diverse delivery systems in a fully integrated manner.

# noma

#111 | Noma Therapy | 7535 E. Hampden Ave., #407,  
Denver, CO 80231 | 720.790.4422  
[www.nomatherapy.com](http://www.nomatherapy.com)

Noma Therapy of Colorado combines talk therapy with best in class medication management, including psychedelics. Our 14 week program is delivered by a team of Licensed Psychiatric Prescribers, Licensed Psychotherapists, and Care Coordinators (guides). Noma Therapy services are based on best clinical practices and emerging science for a range of mental health conditions, including depression, anxiety, and trauma.

## ORACLE

#112 | Oracle Health | 2300 Oracle Way, Austin, TX  
78741 | 512.773.2621 | [www.oracle.com/health](http://www.oracle.com/health)

### Health

Since the inception of our commitment to behavioral health, Oracle Health has held true to our vision that we believe mental and physical health are equally important in building healthy lives and stronger communities. By incorporating evidence-based assessments focused on the needs of providers in mental health, disability services, crisis, and addictions settings, we have developed a comprehensive offering that not only assists with providing efficient and effective care but enables continuity across the care continuum. Our solution provides a unified EHR that features multiple solutions and content packages specifically designed to support organizations like yours and fully support your efforts in CCBHC requirements.



Otsuka

Otsuka Pharmaceuticals | 508 Carnegie Center  
Drive, Princeton, NJ 08540 | 609.524.6788  
[www.otsuka-us.com](http://www.otsuka-us.com)

Otsuka is a healthcare company driven by our purpose and defined by our beliefs. We defy limitation, so that others can too placing greater value on what we can achieve together than what we do alone because the needs of those we serve come first. Otsuka-people create new products for better health worldwide.



#100 | Owl | 2175 NW Raleigh St., Suite 110,  
Portland, OR 97201 | 800.910.6769  
[www.owl.health](http://www.owl.health)

Finally, you can confidently answer, “Is our behavioral health treatment effective?” Owl systematically measures patient progress, giving behavioral health organizations consistent data and insights to deliver care that improves outcomes and significantly reduces costs. It’s measurement-based care—made easy.



Peer Assistance Services

#94 | Peer Assistance Services, Inc. | 2170 S. Parker  
Road, Suite 229, Denver, CO 80231 | 303.369.0039  
[www.peerassistanceservices.org](http://www.peerassistanceservices.org)

Peer Assistance Services, Inc. is a Colorado 501(c)(3) nonprofit agency leading with prevention and intervention for substance use and mental health concerns. We are committed to creating positive, lasting change in the lives of Coloradans. Screening for unhealthy substance use as a standard practice is a significant step in bringing that change. Prevention services aimed at supporting and retaining our health and mental health workforce is a benefit to all Colorado communities. Building on our experience, adopting current proven approaches with a dedicated, skilled staff, we continue to shine a light on the benefits of prevention and intervention.



**PONDURANCE** #135 | Pondurance | 500 N. Meridian, Suite 500,  
Indianapolis, IN 46204 | 888.385.1702  
[www.pondurance.com](http://www.pondurance.com)

Pondurance delivers world-class MDR services to industries facing today's most pressing and dynamic cybersecurity challenges. By combining our advanced platform with experienced analysts, we continuously hunt, investigate, validate, and contain threats so your own team can focus on what matters. Pondurance experts include seasoned security operations analysts, digital forensics and incident response professionals, and compliance and security strategists who provide services to customers seeking broader visibility, faster response and containment, and unified risk management.



**QUALIFACTS** #104 | Qualifacts | 315 Deaderick St., Suite 2300,  
Nashville, TN 37238 | 866.386.6755  
[www.qualifacts.com](http://www.qualifacts.com)

Qualifacts is a leading provider of behavioral health, rehabilitative and human services software and SaaS solutions for clinical productivity, compliance and state reporting, billing, and business intelligence. Our mission is to be an innovative and trusted technology and solutions partner, enabling exceptional outcomes for its customers and those they serve.



#105 | Rocky Mountain Crisis Partners  
*Sponsor of Coffee Breaks*  
PO Box 460695, Denver, CO 80246  
303.928.7100 | [www.rmcrisispartners.org](http://www.rmcrisispartners.org)

We are an independent, nonprofit organization that provides 24/7/365 confidential crisis support at no charge to the people of Colorado through call, text or chat. Crisis is self-defined, and we are available to anyone who needs support for suicidal thoughts, mental health concerns, substance use or other emotional distress.



#127 | San Marcos Treatment Center | 120 Bert  
Brown Road, San Marcos, TX 78666 | 800.848.9090  
[www.sanmarcostc.com](http://www.sanmarcostc.com)

San Marcos Treatment Center is a Psychiatric Residential Treatment Facility working with children and adolescents aged 6-17, both boys and girls. Located in central Texas, the campus is 212 beds on 65 acres in the beautiful hill country. We have been in continuous operation for more than 80 years. We offer evidenced based therapeutic modalities such as RPT, DBT, EMDR, TBRI and others. We are a medical module with Psychiatrists and 24 hour nursing. We accept Tricare, Commercial Insurance and CO Medicaid.



**secure  
telehealth**

#132 | Secure Telehealth | 9150 Harmony Drive,  
Pittsburgh, PA 15237 | 412.837.9320  
[www.securetelehealth.com](http://www.securetelehealth.com)

Secure Telehealth provides Zoom video conferencing accounts and tech support on all devices. This allows you to conduct HIPAA-compliant telehealth sessions anywhere, even while at home. Our service includes technical support for all users, so your appointments are not missed, and your time is not wasted.





#124 | **Sobriety House** | 121 Acoma St., Denver, CO  
80223 | 720.381.4337 (intake line)  
[www.sobrietyhouse.org](http://www.sobrietyhouse.org)

Sobriety House Inc. is a state licensed, nonprofit drug and alcohol treatment center dedicated to offering high quality and effective services through an extensive continuum of care to support clients in lifelong recovery, regardless of ability to pay.



#99 | **Streamline Healthcare Solutions**  
*Sponsor of Lanyards*  
1301 W. 22nd St., Suite 305, Oak Brook, IL  
60523 | 877.467.4741  
[www.streamlinehealthcare.com](http://www.streamlinehealthcare.com)

Streamline Healthcare Solutions has focused exclusively on behavioral health. We understand people choose this work out of a deep desire to help others. Our SmartCare™ EHR gives providers the control and flexibility to transform care, helping them achieve their mission of advancing the lives of those they serve.



#113 | **Tennyson Center for Children** | 2950  
Tennyson St., Denver, CO 80212 | 303.433.2541  
[www.tennysoncenter.org](http://www.tennysoncenter.org)

Founded in 1904, Tennyson Center is one of the state's leading providers of educational and therapeutic interventions for abused, neglected, and traumatized children, their families, and adults. We provide intensive treatment, therapy and special education for children and youth across Colorado up to age 18 and adults impacted by or at-risk of experiencing physical or sexual abuse, neglect, and emotional trauma.



The Colorado Health Foundation™ *Sponsor of Equity in Practice*  
1780 Pennsylvania, Denver, CO  
80231 | 303.953.3600  
[www.coloradohealth.org](http://www.coloradohealth.org)

The Colorado Health Foundation is bringing health in reach for all Coloradans by engaging closely with communities across the state through investing, policy advocacy, learning and capacity building.



**Third Horizon Strategies** | 515 N. State St.,  
Suite 300, Chicago, IL 60654 | 303.884.2670  
[www.thirdhorizonstrategies.com](http://www.thirdhorizonstrategies.com)

Third Horizon Strategies (THS) is an advisory firm focused on shaping a future system that actualizes a sustainable culture of health nationwide. With staff located in Colorado and throughout the United States, THS supports the Colorado behavioral health community with services ranging from strategic planning, program implementation, research, and data analytics.



**#102 | Videra Health | *Sponsor of Friday AM Golden Abacus & Golden Lightbulb Awards***  
898 N. 1200 W., Suite 201, Orem, UT 84057  
801.755.8978 | [www.viderahealth.com](http://www.viderahealth.com)

Videra Health is an automated, AI-assisted, asynchronous video assessment platform that enables

behavioral health organizations to identify, triage, and provide care to patients who are most acute. Videra scales the provider and patient interaction, improves patient outcomes, and helps meet and exceed quality measures for community mental health.



**#134 | Youth Villages | 3320 Brother Blvd., Bartlett, TN 38133 | 877.983.6767 | [www.youthvillages.org](http://www.youthvillages.org)**

Every child should have the opportunity to reach for their dreams. Over 35 years, Youth Villages has worked to radically improve the lives of children across the country through an array of program models and services built around preserving and restoring families. We do what works—partner with others to expand our reach and advocate for positive, long-term change in child welfare, juvenile justice and children’s mental health systems.



**#128 | ZMark Health | 100 Daisy Lane, Palmyra, PA 17078 | 717.943.3051 | [www.zmarkhealth.com](http://www.zmarkhealth.com)**

ZMark Health provides innovative reimbursement solutions to support the unique needs of the clients we serve by striving to create a data-focused, collaborative and responsive environment that promotes the highest standards of integrity and quality.





# CCMHA 2023 Annual Fall Conference

## Healthy Minds and Bodies

**September 25 through 27, 2023**  
Non-Clinical Staff Pre-Conference  
Beaver Run Resort & Conference Center

### Monday September 25th

11:00am – 12:00pm Registration  
1:00pm – 4:00pm *Seasons of Life with Debbie Stafford*

### Tuesday September 26th

8:00am – 9:00am Breakfast  
9:00am – 12:00pm *Creating a Performance Mindset with Al Philip-Neri*  
12:00pm – 1:00pm Lunch and Excellence Award  
1:00pm – 4:00pm *Prioritizing Wellness and Self-Care: The Initial Steps Towards Social Justice with Julio Alas*

### Wednesday September 27th

8:00am – 9:00am Breakfast  
9:00am – 11:00am *The Gut-Brain Connection: How to Optimize Your Health with Charis Sederberg*

For the full conference schedule, visit our website at:

[www.Colomhassociates.org](http://www.Colomhassociates.org)



Footprints to Recovery is a leading addiction treatment provider with drug rehab centers located throughout the United States. Let us guide you on your path to a life free from the grips of addiction today!

720.955.3241 | [www.Footprintstorecovery.com](http://www.Footprintstorecovery.com)



# Third Horizon Strategies is proud to support the 2023 Annual Behavioral Health Training Conference and the Colorado Behavioral Healthcare Council

We applaud CBHC's dedication to support community resilience, guide behavioral health innovation, and enhance individual wellbeing throughout Colorado. With staff located in Colorado and throughout the United States, THS is available to support the Colorado behavioral health community with services ranging from strategic planning to program implementation.



Third Horizon Strategies is a boutique advisory firm focused on shaping a future system that actualizes a sustainable culture of health nationwide. The firm offers a 360° view of complex challenges across three horizons – past, present, and future – to help industry leaders and policymakers interpret signals and trends; design integrated systems; and enact changes so that all communities, families, and individuals can thrive.

Contact Mindy Klowden ([mindy@thirdhorizonstrategies.com](mailto:mindy@thirdhorizonstrategies.com)), Managing Director for Behavioral Health, for more information.

[www.thirdhorizonstrategies.com](http://www.thirdhorizonstrategies.com)





# At Otsuka, we hold a deep respect for the value of every mind.

We will not rest until mental illnesses and brain diseases are approached with the same priority and urgency as our physical health and recognized as chronic diseases that warrant early, equitable, and accessible intervention.

Through products, programs, policies, and advocacy, Otsuka-people will defy any limitation that stands in their way until every mind is valued.



## Discover our commitment to health for every mind



Otsuka Pharmaceutical Companies (U.S.)



@OtsukaUS



Otsuka US

# Why Ellie?

## What makes working for Ellie Mental Health *different?*

Our employees are our **most valuable asset**. We offer an enriching employment experience that seeks to provide growth opportunities that support the passions of our employees and help them reach their personal and professional goals.

### *Competitive Pay and Benefits*

- Innovative pay structures unique to Ellie
- Access to a Robust CEU Library

### *Variation in Clinical Experiences*

- Hybrid delivery model; in-person and virtual
- Diverse clinical population
- Ongoing Multidisciplinary Consultation
- Ellie Match Tool supports provider autonomy

## Our Core Values

**Creative** approaches and innovative solutions to obstacles that blaze new trails in the field of mental health.

A culture of integrity. **Authenticity**. Sincerity and awareness of self for both healing and professional growth.

**Compassion** and respect for all individual's pain, suffering and challenges as well as their hopes and dreams.

We share a **Determination** to truly improve services for those who have fallen through the gaps of traditional healthcare models.

We provide an environment of **Acceptance** and value individual, organizational, and cultural differences.

**Humor** is viewed as a welcoming and playful personality trait as well as a therapeutic technique.



Compassionately **transforming the culture of mental healthcare** by providing creative solutions that make wellness accessible in every community.

<https://ellie-careers.careerplug.com/jobs/elliementalhealth.com>



OUR VISION IS THAT ACROSS  
COLORADO, EACH OF US CAN SAY:

“ We have all we  
need to live  
healthy lives.”



[coloradohealth.org](http://coloradohealth.org)



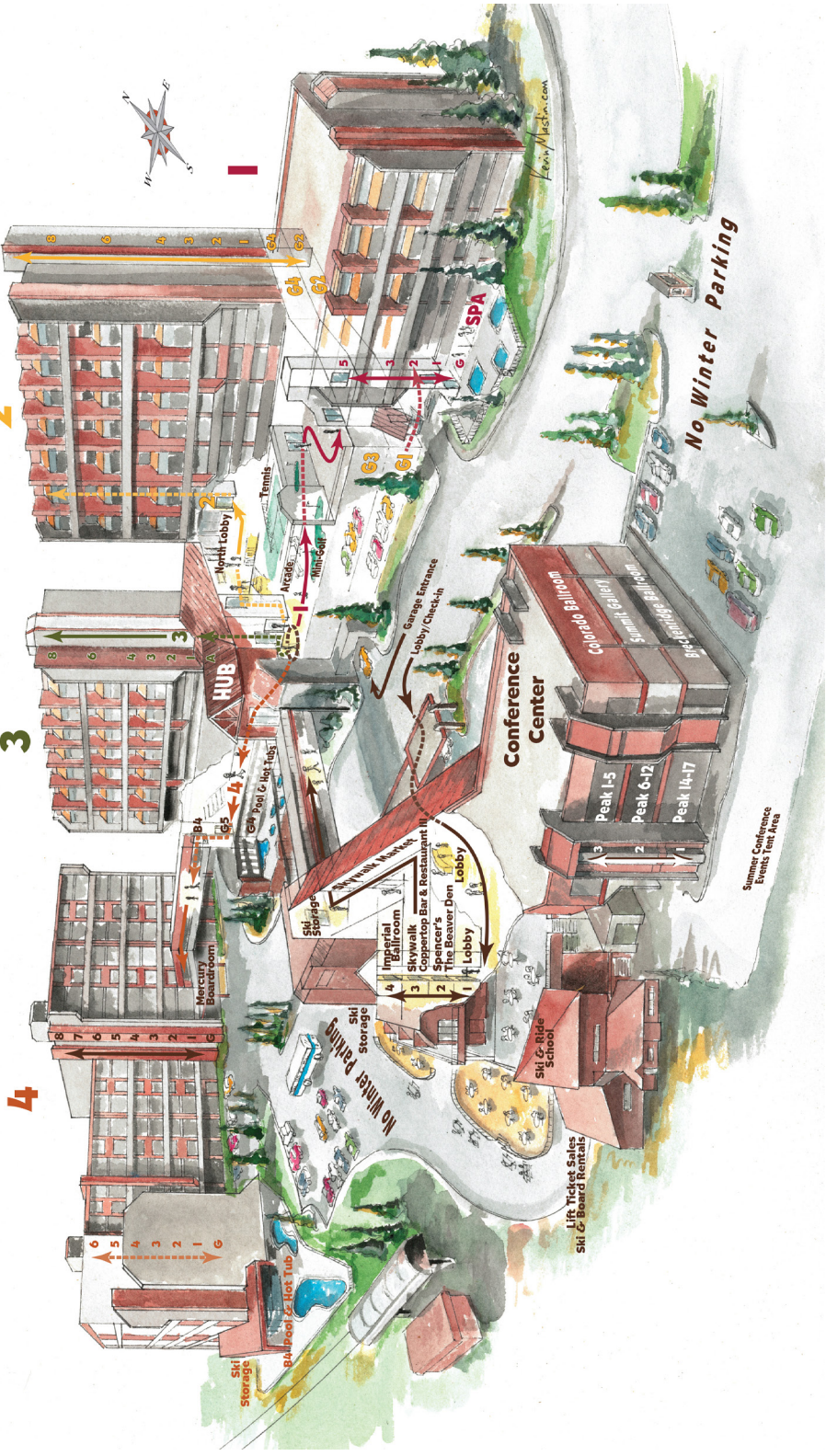
The Colorado Health Foundation™

# Beaver Run Resort & Conference Center

2

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No Winter Parking

Summer Conference Events Tent Area

www.beaver-run.com

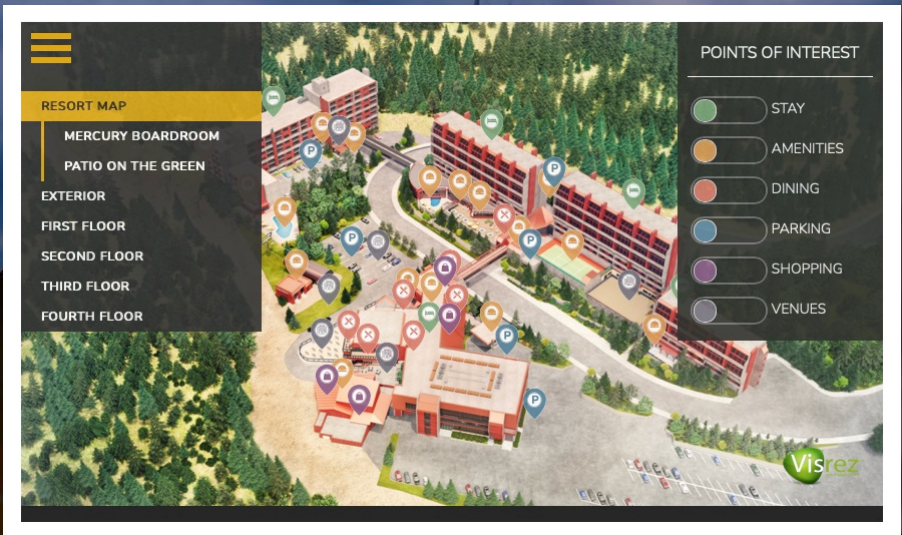
# Beaver Run Resort & Conference Center Interactive Map

[Click here to access the Beaver Run Interactive Map](#)

For use on tablets, laptops & desktop devices: (not available on phones)

Go to: <https://beaverrun.com/welcome-back-cbhc/>

## Locate all your session rooms!





# CBHC

Colorado Behavioral  
Healthcare Council

## CBHC Future Dates

### Join Us

2024 | September 25 - 28

2025 | September 17 - 20

*Beaver Run Resort &  
Conference Center  
Breckenridge, CO*

Learn more about CBHC at [cbhc.org](https://cbhc.org) or call 303-832-7594

Colorado Behavioral Healthcare Council  
303 E. 17th Ave., Suite 910, Denver, CO 80203